REBECCA M. PASILLAS, PH.D.

Licensed Psychologist in Texas and Maryland El Paso, Texas 915-304-0117

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The University of Texas at El Paso Email: <u>rmpasillas@utep.edu</u>

PROFILE

My professional experiences are broadly focused on dissemination and implementation science, program evaluation, and providing and adapting evidence-based psychosocial interventions for Latinx and individuals diagnosed with serious mental illness. I have experience working in integrated care settings and interdisciplinary research teams; evaluating the effectiveness of training programs, including the implementation of psychosocial interventions in multiple clinical care settings; managing large datasets and data dashboards.

As a licensed psychologist in the States of Maryland and Texas, I currently train and have supervised providers and mental health program leaders in the delivery of Social Skills Training for Serious Mental Illness (SST) for English and Spanish-speaking individuals. In my current role as a National Trainer and Consultant for the VA Psychosocial Rehabilitation Training Program, I train providers throughout the U.S. Department of Veterans Affairs in the delivery of Social Skills Training for Serious Mental Illness (SST; Bellack, Muesser, Gingerich, & Agresta, 2004) through a day-long experiential learning session and provide 6 months of weekly clinical consultation with providers so they may reach fidelity to the SST model. I have also trained regional trainers in the SST Train-the-Trainer Program and provided seminars on advanced topics related to SST. As the Program Evaluator for the program, I manage the program's comprehensive evaluation plan and related datasets. I generate productivity reports and analyze evaluation data for the program's leaders to make data-driven decisions to improve the training program. I also develop and implement evaluation plans for the program's related projects (e.g., development of a measurement-based care survey for Veterans participating in SST Groups; evaluating a newly created suicide prevention curriculum for SST Groups; and evaluating a new protocol that allows SST Groups be delivered via telehealth).

I have also provided other evidence-based psychotherapies such as Acceptance and Commitment Therapy (ACT), Problem Solving Training (PST), Mindfulness Based Stress Reduction (MBSR), Dialectical Behavior Therapy (DBT) Program for Individuals and Couples & Families, and Prolonged Exposure for PTSD in English and Spanish to populations with behavioral health concerns. Additionally, I was trained and clinically supervised by the developers of ACT (Dr. Steve Hayes), SST (Dr. Alan Bellack), and PST (Drs. Art & Christine Nezu).

EDUCATION

Ph.D., Clinical Psychology, 06/2004 - 05/2008. Department of Psychology, University of Nevada, Reno (APA-Accredited)

Dissertation Title: Accepting, Suppressing, and Monitoring Thoughts about Body Shame in College Women

Clinical Psychology Predoctoral Internship, 07/2006 - 06/2007. Veterans Affairs Maryland Health Care System/University of Maryland in Baltimore Psychology Internship Consortium, Baltimore, Maryland (APA-Accredited)

Completed Major Rotations on PTSD/Trauma Concentration and Serious Mental Illness

- M.A., Psychology, 08/1999 05/2004. Department of Psychology, University of Nevada, Reno. Thesis Title: Occupational Stress and Psychological Functioning in Law Enforcement Officers
- **B.A., in Psychology** (Minor: Criminal Justice), 08/1995 05/1999. Department of Psychology, University of Texas at El Paso. Cum Laude and Psychology Departmental Honors. Senior Honors Thesis Title: *Children's credibility: Assessing statements of sexually abused children*

PROFESSIONAL LICENSURE/CREDENTIAL

Sept. 2010 - present Licensed Psychologist. State of Maryland, License Number: 04874

July 18, 2012 - present National Register Health Service Provider in Psychology, Registrant Number:

53565

August 2012 – present Licensed Psychologist. State of Texas, License Number: 36279

PROFESSIONAL EXPERIENCE

Program Evaluator for Veterans Affairs (VA) Psychosocial Rehabilitation Training Program, VA Social Skills Training Program

VISN 5 Mental Illness Research, Education and Clinical Center, Department of Veterans Affairs, Baltimore, MD – May 2015 to September 2016; October 2017 to present.

Program Coordinator for Veterans Affairs (VA) Psychosocial Rehabilitation Training Program, VA Social Skills Training Program

VISN 5 Mental Illness Research, Education and Clinical Center, Department of Veterans Affairs, Baltimore, MD – May 2015 to May 2019.

Research Assistant Professor in Psychology at The University of Texas at El Paso (UTEP) Department of Psychology, El Paso, TX – May 2016 to present.

Empower Change: The Paso del Norte Center for Mental and Emotional Well-being, El Paso, TX – September 1, 2017 to December 31, 2019. For Empower Change, I served as the project's liaison to the U.S. Department of Veterans Affairs and Texas Tech University Health Sciences Center El Paso. I also led the organization's efforts towards the development of a community dashboard and was involved in the workforce development workgroup. I provided technical expertise and consultation to Think.Change and Behavioral Health Consortia Informed Programs grant mechanisms sponsored by the Paso del Norte Health Foundation.

Clinical Assistant Professor at Texas Tech University Health Sciences Center El Paso (TTUHSC El Paso), Training Site Director for TTUHSC El Paso, El Paso Psychology Internship Consortium

Paul L. Foster School of Medicine, Department of Psychiatry, El Paso, TX – April 2016 to present.

Assistant Professor at Texas Tech University Health Sciences Center El Paso (TTUHSC El Paso) Training Site Director for TTUHSC El Paso, El Paso Psychology Internship Consortium Training Director, Clinical Psychology Postdoctoral Training Program

Paul L. Foster School of Medicine, Department of Psychiatry, Department of Family and Community Medicine, El Paso, TX – April 2012 to April 2016.

Staff Psychologist for Special Exams Unit/Integrated Disability Evaluation System

El Paso Veterans Affairs Health Care System, Department of Veterans Affairs, El Paso, TX — July 2011 to March 2012.

Veterans Affairs Psychosocial Rehabilitation Training Program, VISN 5 Mental Illness Research, Education and Clinical Center, Department of Veterans Affairs, Baltimore, MD — May 2008 to June 2011.

National Trainer/National Consultant for Veterans Affairs (VA) Psychosocial Rehabilitation Training Program, VA Social Skills Training Program

VISN 5 Mental Illness Research, Education and Clinical Center, Department of Veterans Affairs, Baltimore, MD – July 2007 to June 2011; February 2013 to present.

Iames Mikawa Fellow

James Mikawa Fellowship, Department of Psychology, University of Nevada, Reno — 2007 to 2008.

Federal Bureau of Investigation Honors Intern

FBI Honors Internship Program, National Center for the Analysis of Violent Crime, Crimes Against Children, Quantico, VA — June to Aug. 2004.

Extern Therapist

Counseling Services, University of Nevada, Reno — 2002 to 2006.

Project Coordinator & Therapist

Sexual Assault Prevention and Counseling Program, University of Nevada, Reno — 2001 to 2002.

Assistant Coordinator of Advising, Retention, & Recruitment

College of Arts & Science, University of Nevada, Reno — 2000 to 2001.

Clinic Assistant and Staff Therapist

Psychological Services Center, University of Nevada, Reno — 1999 to 2006.

Hispanic Association of Colleges and Universities (HACU) Intern

HACU Internship Program, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services, Rockville, MD — June to Aug. 1998.

TEACHING EXPERIENCE

2013 to present; National Social Skills Trainer and Consultant

2007 – 2011 Topic: How to implement Social Skills Training Groups with Veterans with

Serious Mental Illness (Target population: Mental Health Professionals

across the VA system)

VA Psychosocial Rehabilitation Training Program

VISN 5 Mental Illness Research, Education and Clinical Center, U. S.

Department of Veterans Affairs, Baltimore, MD.

2013 to 2016 Assistant Professor, Behavioral Science Rotation for Family Medicine

Residency Program

Topics: Improving patient-centered interviewing skills and implementing behavioral health interventions (e.g., Motivational Interviewing, Applied

Relaxation) in Primary Care Settings

Texas Tech University Health Sciences Center, Paul L. Foster School of

Medicine, Department of Family Medicine

2012 to 2015	Assistant Professor, (Co-instructor) Introduction to Psychotherapy for PGY2 Topics: Cognitive Behavior Therapy, Behavior Therapy, Marital Therapy, Family Therapy, Group Therapy, and "3rd Wave" Cognitive Behavior Therapies Texas Tech University Health Sciences Center, Paul L. Foster School of Medicine, Department of Psychiatry
2012 to 2013	Assistant Professor, Group Psychotherapy for PGY3 and PGY4 Topics: Cognitive Behavior Therapy, Process Group Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, Social Skills Training for SMI, Applied Relaxation, Prolonged Exposure, Cognitive Processing Therapy, and Mindfulness-Based Psychotherapies. Texas Tech University Health Sciences Center, Paul L. Foster School of Medicine, Department of Psychiatry
2012 to 2013	Assistant Professor, (Co-instructor) Introduction to Cognitive Behavior Therapy for PGY3 Texas Tech University Health Sciences Center, Paul L. Foster School of Medicine, Department of Psychiatry
2012 to 2013	Assistant Professor, Medical Skills & Objective Structured Clinical Exams Topics: Motivational Interviewing; Evaluating geriatric patients with cognitive impairments; Interpreting MMPI-2 Texas Tech University Health Sciences Center, Paul L. Foster School of Medicine, Department of Psychiatry
July - Sept. 2007	Employee Educational Specialist, Employee Education Program for VA staff. Veterans Affairs Maryland Health Care System, Baltimore, MD
Summer 2005	Lecturer, Basic Principles of Psychotherapy (PSY 451) University of Nevada, Reno, Department of Psychology
2004 - 2006	Lecturer, Coping with Stress University of Nevada, Reno, Fire Science Academy
Spring 2000 – Spring 2002	Teaching Assistant, Advanced Undergraduate Research (PSY 375) Department of Psychology University of Nevada, Reno
Spring 2000	Teaching Assistant, Psychological Aspects of Racial Differences (PSY 431) University of Nevada, Reno, Department of Psychology
Spring 2000	Teaching Assistant, Abnormal Psychology (PSY 441) University of Nevada, Reno, Department of Psychology
Fall 1999, Spring 2000	Teaching Assistant, Introduction to Psychology (PSY 101) University of Nevada, Reno, Department of Psychology

Fall 1999, Psychology Tutor

Spring 2000 TRIO Scholars Program/Upward Bound Program

University of Nevada, Reno

SHORT COURSES TAUGHT

Social Skills Training (SST) Program - Train the Trainer Workshop

Two-day workshop for new SST regional master trainers from across the VA system, 2018 – present. U. S. Department of Veterans Affairs - Psychosocial Rehabilitation Training Program, VISN 5 MIRECC, Baltimore, MD.

Social Skills Training for Veterans with Serious Mental Illness Experiential Training

Two-day didactic and experiential workshop held twice a year for mental health clinicians across the VA system, 2007 – 2011; 2013.

Videoconference experiential training with mental health clinicians across the VA system, 2016 – present.

U. S. Department of Veterans Affairs - Psychosocial Rehabilitation Training Program, VISN 5 MIRECC, Baltimore, MD.

Training on Running Dialectical Behavior Therapy Coping Skills in Higher Education Two-day workshop, College of Southern Nevada, Las Vegas, NV, June 2003.

HONORS

- American Psychological Association's Achievement Award for Early Career Psychologists, 2015.
- First recipient of the James Mikawa Ethnic Minority Fellowship, Department of Psychology, University of Nevada, Reno, 2007-2008.
- Outstanding Graduate Student Award, Graduate Student Association, University of Nevada, 2002.
- Men and Women of Mines Award, University of Texas at El Paso. Recognition for academic achievement and participation in school activities and community work, 1998-1999.
- University of Texas at El Paso Scholarship. Tuition award for academic achievement, 1995-1999.

AD HOC JOURNAL/GRANT PROPOSAL/CONVENTION PROGRAM REVIEWING EXPERIENCE

- Journal of Contextual Behavioral Science, 2016 2020.
- Mindfulness, 2016 2017.
- Psychological Services, 2011 2017.
- Behavior Modification Journal, 2009 2010.
- *PsycCRITIQUES*, 2008 2011.
- Paso Del Norte Health Foundation for Think. Change Mental Illness Stigma Reduction Initiative Grant.
 - o Letter of Intent Reviewer, 2018; 2019.
 - o Grant Proposal Reviewer, 2014; 2015; 2018; 2019.
- Paso Del Norte Health Foundation for Behavioral Health Consortia Informed Programs Grant.
 - o Letter of Intent Reviewer, 2019.
 - o Grant Proposal Reviewer, 2019.
- Annual Convention Program Reviewer for the Association for Behavioral and Cognitive Therapies (ABCT):
 - o 2020 Annual Convention in Philadelphia, PA
 - o 2019 Annual Convention in Atlanta, GA

- o 2018 Annual Convention in Washington, DC
- o 2017 Annual Convention in San Diego, CA
- o 2016 Annual Convention in New York, NY
- o 2015 Annual Convention in Chicago, IL
- Program Reviewer for the 2016 National Latina/o Psychological Association Conference "Latina/o Psychology, Advocating for social justice, liberation, and equality for our familias" held in Orlando, FL.
- Program Reviewer for the 28th National Meeting of Department of Veterans Affairs' Health Services Research and Development Service (HSR&D) held in Washington, DC, on February 2011.
- Annual Convention Program Reviewer for American Psychological Association's (APA) Division 45, Society for the Psychological Study of Ethnic Minority Issues:
 - o 128th Annual Convention of APA (2020) in Washington, DC
 - o 125th Annual Convention of APA (2017) in Washington, DC
 - o 120th Annual Convention of APA (2012) in Orlando, FL
 - o 119th Annual Convention of APA (2011) in Washington, DC

GRANTS AND CONTRACTS

- 2018 <u>Co-Investigator</u>: The Mastery Lifestyle Intervention: Improving Health and Quality of Life in Mexican American Mothers and Infants. (PI: Roberta Jeanne Ruiz, Ph.D). RO1 Grant (PA18-345) submitted to NIH/NINR on June 5, 2018; not awarded.
- 2017 2019 <u>Co-Investigator</u>: Promoting Mental and Emotional Well-Being in the Paso del Norte Region. To create a backbone organization (BBO) that will help lead mental and emotional well-being programs. The BBO will provide both leadership and expertise to catalyze efforts to reduce stigma and negative bias associated with mental illness and explore structural changes in the behavioral health systems in the Paso del Norte border region. Funded by Paso del Norte Health Foundation (\$1,131,311).
- 2016 <u>Co-Principal Investigator</u>: *Improving wellbeing and infant outcomes in pregnant Mexican American women.* Pilot study conducted through the Texas A&M University Health Science Center (PI: Roberta Jeanne Ruiz, Ph.D). Plan to submit R01 to NIMH in summer 2018.
- 2016 2017 <u>Principal Investigator</u>: *Developing the El Paso Psychology Internship Consortium.*Subaward through the University of Texas at El Paso to fund a doctoral psychology intern position at TTUHSC EP. Funded by The Hogg Foundation for Mental Health (\$20,384.00).
- 2013 2015 <u>Principal Investigator</u>: Randomized Pilot Trial of Acceptance and Commitment Therapy with Social Skills Training for Latinos with Serious Mental Illness

 Awarded a Mental Health Research Grant for Tenure-Track Assistant Professors in Texas Funded by The Hogg Foundation for Mental Health (\$19,249).

CURRENT PROFESSIONAL AFFILIATIONS

- American Psychological Association (APA)
- Association of VA Psychologist Leaders (AVAPL)
- Society for the Psychological Study of Ethnic Minority Issues (Division 45 of APA)

Psychology, University of Nevada, Reno (\$1,500).

• Association for Behavioral and Cognitive Therapies (ABCT); the Hispanic Issues in Behavior Therapy Special Interest Group (SIG) of ABCT

PROFESSIONAL SERVICE/COMMITTEES

Chairing the workgroup focusing on the development of a measurement-based care survey for Veterans participating in SST groups. VA Social Skills Training for Serious Mental Illness Training Program, Veterans Affairs Psychosocial Rehabilitation Program, U. S. Department of Veterans Affairs, 2018 to present.

Workgroup Member involved with the development of a suicide and crisis management skills curriculum for the VA Social Skills Training for Serious Mental Illness Training Program, Veterans Affairs Psychosocial Rehabilitation Program, U. S. Department of Veterans Affairs, 2018 to present.

Workgroup Member involved with the development of a self-paced, Social Skills Training for Serious Mental Illness Overview and Refresher web course, Veterans Affairs Psychosocial Rehabilitation Program, U. S. Department of Veterans Affairs, 2017 – 2019.

Expert Panel Member for Housing-Focused Skills Training Intervention for Consumers with Serious Mental Illness, VA HSR&D Career Development Award (Sonya Gabrielian, MD, MPH), U.S. Department of Veterans Affairs, 2017.

Member of the Program Evaluation Strategic Planning Workgroup in the Evidence Based Psychotherapy National Training Program, Psychotherapy Section, U. S. Department of Veterans Affairs, 2017 to 2019.

Planning Committee Member representing American Psychological Association or National Board for Certified Counselors for the purposes of accrediting the following training programs: 1) VA Social Skills Training (SST) Train-the Trainer Trainings, 2) the VA SST Didactic Training, 3) the VA SST Virtual Experiential Trainings, 4) the VA SST Experiential Trainings, and 5) the Videoconference for SST Regional Master Trainers about the Updated SST Training Model. U. S. Department of Veterans Affairs, 2016 to present.

Co-Chair of the Communication Strategic Planning Workgroup in the Evidence Based Psychotherapy National Training Program, Psychotherapy Section, U. S. Department of Veterans Affairs, 2016 to 2019.

Member of the Early Career Professionals Committee of the National Latino/a Psychological Association, 2015 to 2017.

Member of the Employee Assistance Program Monthly Series Planning Committee, Department of Psychiatry, Texas Tech University Health Sciences Center El Paso, El Paso, Texas, 2015 to 2016.

Member of the Clinical Competency Committee, Department of Psychiatry, Texas Tech University Health Sciences Center El Paso, El Paso, Texas, 2015.

Workgroup Member involved with the development of a self-paced, Social Skills Training for Serious Mental Illness Didactic Training web course, Veterans Affairs Psychosocial Rehabilitation Program, U. S. Department of Veterans Affairs, 2014 – 2017.

Social Skills Training Workshop for VISN 5 Peer Specialists Planning Committee Member, Veterans Affairs Psychosocial Rehabilitation Program, VISN 5 Mental Illness Research, Education and Clinical Centers, U. S. Department of Veterans Affairs, December 2014 – May 2015.

Student Award Selection Committee Member for the National Latino/a Psychological Association (NLPA) Evidence Based Practice SIG at NLPA Conference, 2014.

Member of the Laura W. Bush Institute for Women's Health, Texas Tech University Health Sciences Center, Lubbock, Texas, 2013.

Member of the Paul L. Foster School of Medicine Diversity Committee, Texas Tech University Health Sciences Center El Paso, El Paso, Texas, 2013.

Member of the Veterans Affairs Social Skills Training Program National Consultant's Manual Workgroup, VISN 5 Mental Illness Research, Education and Clinical Centers, U. S. Department of Veterans Affairs, Baltimore, Maryland, 2013 to 2015.

Member of the Veterans Affairs Social Skills Training Program Outcome Measures Workgroup, VISN 5 Mental Illness Research, Education and Clinical Centers, U. S. Department of Veterans Affairs, Baltimore, Maryland, 2013 to 2015.

Member of the El Paso Psychology Internship Consortium Steering Committee, El Paso Psychology Internship Consortium, El Paso, Texas, 2012 to 2016.

Member of the Departmental Educational Policy Committee, Department of Psychiatry, Paul L. Foster School of Medicine, Texas Tech University Health Sciences Center, El Paso, Texas, 2012 to 2015.

Member of the Departmental Psychotherapy Committee, Department of Psychiatry, Paul L. Foster School of Medicine, Texas Tech University Health Sciences Center, El Paso, Texas, 2012 to 2015.

Member of the 2011-2012 Medical Student Interview Committee, Paul L. Foster School of Medicine, Texas Tech University Health Sciences Center, El Paso, Texas.

Member of the National Education Group Leaders of the Mental Health Centers of Excellence and Mental Illness Research, Education, and Clinical Centers, U. S. Department of Veterans Affairs, Washington, DC, 2009 - 2011.

Member of the Student Members Committee, Association for Behavioral and Cognitive Therapies Governance, New York, NY, 2007 - 2015.

FOSTERING FUTURE BEHAVIORAL SCIENTISTS

- Guest Lecturer. "What do you want to be when you grow up? A clinical psychologist!", Clint Independent School District, Early Career College Academy & Clint High School, Clint, Texas, January 30: November 30: and December 13. 2018.
- Research Mentor for doctoral psychology intern, Corey Schmitt, El Paso Psychology Internship Consortium, 2015-2016.
- Research Mentor for postdoctoral psychology fellow, Darisabel Roman, PsyD, Department of Psychiatry, Texas Tech University Health Sciences Center El Paso, 2014-2015.
- Research Mentor for doctoral psychology intern, Sean Woodland, El Paso Psychology Internship Consortium, 2014-2015.
- Research Mentor for doctoral psychology intern, Darisabel Roman, El Paso Psychology Internship Consortium, 2013-2014.
- Research Mentor for PGY4 Silvina Tonarelli, MD, and PGY3 Andres Vinuela, MD, Department of Psychiatry, Texas Tech University Health Sciences Center at El Paso, 2014-2015.
- Research Mentor for doctoral psychology intern, Darisabel Roman, El Paso Psychology Internship Consortium, 2013-2014.
- Research Mentor for PGY4s Ian Guerra, MD, and Manuel Guillen, MD, Department of Psychiatry, Texas Tech University Health Sciences Center at El Paso, 2013-2014.
- Research Mentor for Ricardo Pulido, Research Coordinator at Center for Excellence in Neurosciences, Texas Tech University Health Sciences Center, 2012 to 2014.
- Research Mentor for Roger Salas, Fellow in the U.S./Costa Rica Neuropsychiatric Genetics Research Training Program, Texas Tech University Health Sciences Center, 2012 to 2013.
- Judge for Behavioral Sciences at the Montgomery County (Maryland) Science Fair, 20 March 2010.
- Guest Lecturer. "Careers in Psychology", Mountain View High School, El Paso, Texas, 17 December, 2009.
- Guest Lecturer. "Tips to Applying to Graduate Studies in Psychology", University of Arizona, Tucson, Arizona, November 2007.
- Guest Lecturer. "Tips to Applying to Graduate Studies in Psychology", Arizona State University, Tempe, Arizona, November 2007.

- Guest Lecturer. "An Orientation to Dialectical Behavior Therapy", Bel Air High School, El Paso, Texas, December 2007.
- Supervised undergraduate Katie Baumruck, BA Psychology student, on her Senior Honors Thesis, Women's Life Experiences and Body Image Concerns, University of Nevada, Reno, August 2005 - May 2006.
- Guest Lecturer. "Careers in Psychology", Upward Bound Program, University of Nevada, Reno, 2003.

INVITED TALKS/WORKSHOPS

- Invited Speaker, the El Paso Psychology Internship Consortium's Didactic Seminar Series, El Paso, TX. *Overview of Acceptance and Commitment Therapy with a focus on cultural considerations.* April 18, 2017.
- Invited Speaker, the El Paso Psychology Internship Consortium's Didactic Seminar Series, El Paso, TX. Social Skills Training and the Recovery Model for Individuals with Serious Mental Illness. May 2, 2017.
- Invited Co-Presenter with Elizabeth Gilbert, PhD, & Michael Drexler, PhD, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (teleconference). Overcoming barriers to starting and restarting SST groups: A SST review and problem-solving session. March 7, 2016.
- Invited Co-Speaker with Élida Bautista, PhD, *Cultural considerations in implementing Strengthening Family Coping Resources and Spanish-speaking families*. Strengthening Family Coping Resources Training at Aurora Mental Health Center, Colorado. January 26, 2015.
- Invited Speaker, El Paso Community College Teachership Academy Phase II Workshop, El Paso, Texas. *Helping Student Veterans Adjust to College Life.* February 26, 2015.
- Invited Speaker, Children and Adolescent Fellowship Program, Department of Psychiatry, Texas Tech University Health Sciences Center El Paso. *Introduction to Psychological Testing*. May 20, 2015.
- Invited Co-Speaker with Elizabeth Gilbert, PhD, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (webinar). *Promoting Generalization in Social Skills Training for Serious Mental Illness.* September 28, 2015.
- Invited Co-Speaker with Elizabeth Gilbert, PhD, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (teleconference). *Virtual Office Hours and SST Crib Sheet*. December 15, 2014.
- Invited Co-Speaker with Elizabeth Gilbert, PhD, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (webinar). *Orienting Veterans to Social Skills Training Groups*. June 16, 2014.
- Invited Speaker, the El Paso Psychology Internship Consortium's Didactic Seminar Series, El Paso, TX. *Overview of Dialectical Behavior Therapy.* March 4, 2014.
- Invited Speaker, the El Paso Psychology Internship Consortium's Assessment Seminar Series, El Paso, TX. Overview of Evidence-Based Assessments for Posttraumatic Stress Disorder. February 18, 2014.

- Invited Speaker, the El Paso Psychology Internship Consortium's Didactic Seminar Series, El Paso, TX. *An Introduction to Acceptance and Commitment Therapy.* December 17, 2013.
- Invited Speaker, the El Paso Psychology Internship Consortium's Didactic Seminar Series, El Paso, TX. Social Skills Training and Its Relationship to Aspects of Recovery for Individuals with Serious Mental Illness. December 10, 2013.
- Invited Co-Speaker with Elizabeth Gilbert, PhD, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (webinar). *Implementing Social Skills Training in Individual Sessions*. December 9, 2013.
- Invited Speaker, the Second Annual 'Fighting Cancer With Knowledge' Conference at Texas Tech University Health Sciences Center at El Paso, El Paso, TX. *Providing Psychosocial Care for Breast Cancer Survivors at the TTUHSC University Breast Care Center*. October 18, 2013.
- Invited Co-Panelist, the El Paso Psychology Internship Consortium's Didactic Seminar Series, El Paso, TX. *Jobs for Psychologists*. October 1, 2013.
- Invited Speaker, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (webinar). *Sociocultural and Linguistic Considerations in Implementing Social Skills Training*. September 16, 2013.
- Invited Co-Speaker with Cindy Clark, RN, the U.S. Department of Veterans Affairs, VA Social Skills Training Program Quarterly Call for Advanced SST Providers (webinar). *Social Skills Training Conducted in an Inpatient Unit: A How To Guide*. June 17, 2013.
- Invited Speaker, the El Paso Community College Teachership Academy Phase II Workshop, El Paso, Texas. *Helping Student Veterans: Understanding PTSD & Depression.* February 28, 2013.
- Selected to attend and participated in two-day workshop, *Problem Solving Training Pilot Program,* directed by the U. S. Department of Veterans Affairs, Office of Mental Health Services, Philadelphia, PA. September 1 2, 2010.
- Invited Speaker, the U. S. Department of Veterans Affairs, National Local Evidence-Based Psychotherapy (EBP) Coordinator Training Conference, Nashville, TN. *Overview of VA EBP Dissemination Initiative: Social Skills Training for Serious Mental Illness.* August 27, 2009.
- Invited Speaker, the Palo Alto Veterans Affairs Health Care System, 2009 Psychosocial Rehabilitation Conference, Palo Alto, CA. *An Overview of the VA Psychosocial Rehabilitation Training Program: Social Skills Training and Psychosocial Rehabilitation & Recovery Fellowship Program.* May 5, 2009.
- Invited Speaker, the U. S. Department of Veterans Affairs, 5th Didactic National Local Recovery Coordinators Lecture Series (teleconference). *Conducting Needs Assessments*. October 11, 2007.

PSYCHOSOCIAL INTERVENTION PROTOCOLS AND EDUCATIONAL MATERIALS

I developed and adapted educational materials and psychosocial intervention protocols for clinicians training to implement adapted psychosocial interventions for use with cultural and linguistic minorities. Some of this work has been in collaboration with colleagues at the University of Maryland, Baltimore and the U.S. Department of Veterans Affairs, which is currently disseminating evidence-based psychotherapies to Veterans. The educational materials and psychosocial intervention protocols were

modified to consider cultural, ethnic, and linguistic concerns in the provision of the psychosocial interventions, with one protocol (SFCR) translated into Spanish.

Maternal Lifestyle Intervention for Pregnant Mexican-American Women Psychosocial intervention protocol for clinicians.

Acceptance and Commitment Therapy with Social Skills Training for Latinos with Serious Mental Illness Psychosocial intervention protocol for clinicians.

Strengthening Family Coping Resources

http://resources.childhealthcare.org/resources/sfcr_general.pdf http://sfcr.umaryland.edu/SignIn/tabid/291/Default.aspx?returnurl=%2fdefault.aspx

U.S. Department of Veterans Affairs, Veterans Affairs Social Skills Training Program http://www.mirecc.va.gov/visn5/training/social-skills.asp
http://www.mirecc.va.gov/visn5/training/sst/SST Cultural Linguistic Considerations.pdf

PUBLICATIONS

- Elimimian, E., Elson, L., Bilani, N., Farrag, S. E., Dwivedi, A. K., **Pasillas, R.** & Nahleh, Z. A. (2020). Longterm effect of a nonrandomized psychosocial mindfulness-based intervention in Hispanic/Latina breast cancer survivors. *Integrative Cancer Therapies*, *19*, 1-10.
- Ruiz, J. R., Newman, M., Records, K., Wommack, J. C., Stowe, R. P., & Pasillas, R. M. (2019). Pilot study of the Mastery Lifestyle Intervention. *Nursing Research*, 68(6), 494-500. doi: 10.1097/NNR.000000000000384
- **Pasillas, R. M.** & Roman-Laureano, D. (2017). Using behavioral activation to treat depression among Latinos. In L. Benuto (Ed.), *Toolkit for Counseling Spanish-Speaking Clients: Enhancing Behavioral Health Services* (199-219). New York, NY: Springer Publication.
- **Pasillas, R. M.** & Reyes-Torres, J. A. (2017). Improving psychosocial fuctioning in Latinos with schizophrenia. In L. Benuto (Ed.), *Toolkit for Counseling Spanish-Speaking Clients: Enhancing Behavioral Health Services* (295-314). New York, NY: Springer Publication.
- Weissman, N., Batten, S. V., Rheem, K. D., Wiebe, S. A., **Pasillas R. M.**, Potts, W., Barone, M., Brown, C. H., & Dixon, L. B. (2017). The Effectiveness of Emotionally Focused Couples Therapy With Veterans With PTSD: A Pilot Study. *Journal of Couple & Relationship Therapy*, *0*, 1-17.
- Nahleh, Z., Heydarian, R., Dwivedi, A., Pasillas R. M., Sanchez, L., & Liss, D. (2017). A survivorship program to improve quality of life of Hispanic/Latino breast cancer survivors. *Journal of Clinical Oncology*, 35 (no.5_supplement), 182-183.
- Tonarelli, S. B., **Pasillas, R. M.,** Alvarado, L., Dwivedi, A., & Cancellare, A. (2016). Acceptance and Commitment Therapy Compared to Treatment as Usual in Psychosis: A Systematic Review and Meta-Analysis. *Journal of Psychiatry*, *19*: 366. doi:10.4172/2378-5756.1000366
- **Pasillas, R. M.** & Masuda, A. (2014). Cultural Competency and Acceptance and Commitment Therapy. In A. Masuda (Ed.), *Cultural Issues In Acceptance- And Mindfulness-Based Approaches* (109-125). Oakland, CA: New Harbinger Publication.

- Masuda, A., Boone, M., Hill, M. L., & Pasillas, R. M. (2014). Thinking functionally and contextually about cultural diversity in mindfulness-based treatments. In M. Boone (Ed)., *Mindfulness and Acceptance in Social Work* (235-255). Oakland, CA: New Harbinger Publication.
- **Pasillas, R. M.**, Klinkebiel, C., & Sherman, S. B. (2012). Students: Ten Benefits Offered To You From Association for Behavioral and Cognitive Therapies. *the Behavior Therapist*, *35*(6), 106-110.
- **Pasillas, R. M.** (2011). An updated state of the science: The efficacy of the mechanisms of change in mindfulness and acceptance-based interventions. [Review of the book *Assessing Mindfulness and Acceptance Processes in Clients: Illuminating the Theory and Practice of Change* by R. A. Baer (Ed.)]. *PsycCritiques-Contemporary Psychology: APA Review of Books, 56*(8), Article 6.
- Dixon, L., Dickerson, F., Bellack, A., Bennett, M., Dickinson, D., Goldberg, R., Lehman, A., Tenhula, W., Calmes, C., Pasillas, R. M., Peer, J., & Kreyenbuhl, J. (2010). The 2009 PORT Psychosocial Treatment Recommendations and Summary Statement. *Schizophrenia Bulletin*, *36*(1), 48-70.
- Pasillas, R. M. & Follette, V. M. (2008). Everything a practitioner needs to know to use ACT to treat PTSD. [Review of the book *Acceptance and commitment therapy for the treatment of post-traumatic stress disorder and trauma-related problems: A practitioner's guide to using mindfulness and acceptance strategies* by R. D. Walser & D. Westrup]. *PsycCritiques-Contemporary Psychology: APA Review of Books, 53* (9), Article 5.
- **Pasillas, R. M.**, Follette, V. M., & Perumean-Chaney, S. E. (2007). Occupational stress and psychological functioning in law enforcement officers. In L. Territo & J. D. Sewell (Eds.), *Stress management in law enforcement, 2nd Edition* (pp. 91-106). Durham: Carolina Academic Press. (Original work published 2006).
- **Pasillas, R. M.**, Follette, V. M., & Perumean-Chaney, S. E. (2006). Occupational stress and psychological functioning in law enforcement officers. *Journal of Police and Criminal Psychology*, *21*(1), 41-53.
- Follette, V. M. & Pasillas, R. M. (2005). Coping with stressful events. In *The Social Psychology of Terrorism: Student Manual.* University of Nevada, Reno: Fire Science Academy.
- Twohig, M. P. & Pasillas R. M. (2005). Book Review of *The anorexia workbook: How to accept yourself, heal your suffering, and reclaim your life. Revista Latinoamericana De Psicologia, 37, 2,* 404-405.

PEER-REVIEWED CONFERENCE PRESENTATIONS

- * Denotes an undergraduate student from my research team.
- † Denotes a doctoral psychology intern, fellow, or resident receiving research mentorship from me.
- Nahleh, Z., Heydarian, R., Dwivedi, A., Pasillas R. M., Sanchez, L., & Liss, D. (2017). *A survivorship program to improve quality of life of Hispanic/Latino breast cancer survivors*. Paper selected to orally present at the 2017 Cancer Survivorship Symposium: Advancing Care and Research, A Primary Care and Oncology Collaboration in San Diego, CA.
- Piña-Watson, B., Alcaraz, E., Casanova, S., & Pasillas, R. M. (2016). Words of Wisdom to ECPs from Later Career Professionals: Journeys, Struggles, and Triumphs. Roundtable discussion hosting mid- to late-career professionals in various psychology sectors at the 2016 National Latina/o Psychological Association Biennial Conferencia in Orlando, FL.

- Ruiz, R. S.‡, **Pasillas, R. M.**, Pulido, R., Ullah, M. H., Castillo, B., Ramirez, M., Zavala, J., & Escamilla, M. (November 2013). *Comparing depression, anxiety, alcohol, and substance use disorders in U.S. and non-U.S. born Latinos in a border population.* Paper selected to present at the Hispanic Issues in Behavior Therapy SIG Meeting at the 47th Annual Association for Behavioral and Cognitive Therapies Convention in Nashville, TN.
- Nahleh, Z., Pasillas R. M., Dwivedi, A., Nasrazadani, A., Heydarian, R., Sanchez, L., Mallawaarachchi, I., Ochoa, C., & Saltzstein, E. (December 2014). *Improved outcome of breast cancer survivors participating in a multidisciplinary cancer survivorship program at Texas Tech University Health Sciences Center in El Paso, TX.* Paper presented at 37th Annual CTRC-AACR San Antonio Breast Cancer Symposium, San Antonio, TX.
- Dwivedi, A., Alvarado, L. A., Tarwater, P., Shukla, R., Dwivedi, S. N., & **Pasillas, R. M.** (August 2013). *Statistical methods to assess heterogeneity effects in a randomized clinical trial.* Paper presented at the Joint Statistical Meetings in Montreal, Quebec, Canada.
- Pasillas, R. M. (Chair), Kiser, L., Gentry, J., Hernandez, B., & Bautista, E. (November 2010). Adapting a multi-family trauma group treatment, Strengthening Family Coping Resources for use with Latino families. Symposium presented at the 2010 National Latino/a Psychological Association Convention in San Antonio, TX.
- Watlington, C. G., Pasillas, R. M. (Moderator), Borrego, J. Jr., Greene, K., Suzuki, T., & Weinberg, R. (November 2007). Addressing and applying multicultural issues in various clinical settings: Innovative strategies for culturally competent evidence-based practices (Co-sponsored by the African American SIG, Asian American SIG, and Hispanic SIG). Clinical round table presented at the 41st Annual Association for Behavioral and Cognitive Therapies Convention in Philadelphia, PA.
- Borrego, J. Jr., Anhalt, K., Frazer, E., Garcia-Lopez, L. J., **Pasillas, R. M. (Discussant)**, & Perez, J. E. (November 2003). *Assessment and clinical considerations when working with Hispanic populations.* Clinical round table presented at the 37th Annual Association for the Advancement of Behavior Therapy Convention in Boston, MA.
- Borrego, J. Jr., Anhalt, K., Madrigal, A. C., & Pasillas, R. M. (Panelist). (November 2001). Working with Hispanic families in the community: Reexamining the availability and accessibility of services. Panel discussion presented at the 35th Annual Association for the Advancement of Behavior Therapy Convention in Philadelphia, PA.

POSTER PRESENTATIONS

- * Denotes an undergraduate student from my research team.
- † Denotes a doctoral psychology intern, fellow, or resident receiving research mentorship from me.
- Schmitt, R. C.‡, Woodland, S., Laureano-Roman, D., Leony-Carrete, A. H., & Pasillas, R. M. (April 2016). *Reliability of a Satisfaction Survey for an Employee Assistance Program*. Poster presented at the Texas Tech University Health Sciences Center El Paso 10th Annual Research Colloquium, El Paso, TX.
- Zavala, J., Gonzalez Arnold, J., Prihoda, T., Pasillas, R. M., Martinez, C., Quiñones, M., Ramirez, C., Hernandez, M., Escamilla, M., & Bowden, C. (March 2015). *Bipolar Inventory of Symptoms Scale in a Spanish Speaking Population*. Poster presented at Fourth Annual Cultural Competence Conference, Texas Tech University Health Sciences Center El Paso in El Paso, TX.

- Tonarelli, S.‡, Cancellare, A., Alvarado., A., Dwivedi, A., & **Pasillas, R. M.** (May 2015). *Acceptance and Commitment Therapy for Psychosis: A meta-analysis.* Poster presented at the 9th Annual Research Colloquium of the Texas Tech University Health Sciences Center at El Paso, Paul L. Foster School of Medicine in El Paso, TX.
- Woodland, S.‡, Pasillas, R. M., & Leony-Carrete, A. (May 2015). *Creating a Measure to Evaluate a Medical Employee Assistance Program.* Poster presented at the 9th Annual Research Colloquium of the Texas Tech University Health Sciences Center at El Paso, Paul L. Foster School of Medicine in El Paso, TX.
- Nahleh., Z., Pasillas, R. M., Dwivedi, A., Nasrazadani, A., Heydarian, R., Sanchez, L., Mallawaarachchi, I., Ochoa, C., & Saltzstein, E. (December 2014). *Improved outcome of breast cancer survivors participating in a multidisciplinary cancer survivorship program at Texas Tech University Health Sciences in El Paso, TX.* Poster presented at The 2014 San Antonio Breast Cancer Symposium in San Antonio, TX.
- Pulido, R. A., Pasillas, R. M., Liu K., Dwivedi, A., Ramirez, M., Castillo, B., & Escamilla, M. (December 2014). *Gender Differences between depression and early trauma.* Poster presented at the International Symposium on Minority Health and Health Disparities in National Harbor, MD.
- Roman-Laureano, D.‡, **Pasillas, R. M.**, Dwivedi, A., Dodoo, C., Alvarado, A., & Ramirez, C. (2014). *Psychological Flexibility and Valued Living in Latinos with Severe Mental Illness: Updated Outcomes.* Poster presented at the 2014 Association for Contextual Behavioral Science World Conference XII in Minneapolis, MN.
- Guerra, I.‡, Guillen, M.‡, Roman-Laureano, D.‡, & Pasillas, R. M. (2014). Efficacy of Acceptance and Commitment Therapy with Social Skills Training for Latinos with Serious Mental Illness. Poster presented and awarded 2nd place in the Resident Poster Division at the 8th Annual Research Colloquium of the Texas Tech University Health Sciences Center at El Paso, Paul L. Foster School of Medicine in El Paso, TX.
- Roman-Laureano, D.‡, **Pasillas, R. M.**, Dwivedi, A., & Ramirez, C. (2014). *Psychological Flexibility and Valued Living in Latinos with Severe Mental Illness: Preliminary Results.* Poster presented at the 8th Annual Research Colloquium of the Texas Tech University Health Sciences Center at El Paso, Paul L. Foster School of Medicine in El Paso, TX.
- **Pasillas, R. M.** (2013). Challenges and Lessons Learned in Implementing a Pilot Trial of Acceptance and Commitment Therapy with Social Skills Training for Latinos with Serious Mental Illness in an Outpatient Psychiatry Clinic. Hispanic Issues in Behavioral Therapy special interest group poster presented at 47th Annual Association for Behavioral and Cognitive Therapies Convention in Nashville, TN.
- Pasillas, R. M., Zavala, J., Ramirez, M., Castillo, B., & Escamilla, M. (2012). A Preliminary Study: Understanding Treatment-Seeking Factors in Latinos with PTSD and Depression Using a Behavioral Model of Health Service Utilization. Hispanic Issues in Behavioral Therapy special interest group poster presented at 46th Annual Association for Behavioral and Cognitive Therapies Convention in National Harbor, MD.
- Salas, R.‡, Large, D., **Pasillas, R. M.**, Pulido, R., Zavala, J., Alvarado, L., Dwivedi, A., & Escamilla, M. (2012). *Relationship of Acculturation, Spirituality, Problem Solving, and Social Support to Levels of Functioning and Mental Health Outcomes Among Latino Immigrants in El Paso, TX.* Hispanic Issues in

- Behavioral Therapy special interest group poster presented at 46th Annual Association for Behavioral and Cognitive Therapies Convention in National Harbor, MD.
- Pulido, R., Zavala, J., Ullah, M. H., Pasillas, R. M., Ramirez, M., Castillo, B., Provencio, P., & Escamilla, M. (2012). Gender and Social Factors Associated with Depression in El Paso County. Poster presented at the Texas Tech University Health Sciences Center Gender Specific Women's Health Conference in Lubbock, TX.
- Weissman, N., Batten, S., Dixon, L., Pasillas, R. M., Potts, W., & Decker, M. (2011). *The effectiveness of Emotionally Focused Couples Therapy (EFT) with Veterans with PTSD.* Poster presented at the 5th Annual Veterans Health Administration Mental Health Conference in Baltimore, MD.
- **Pasillas, R. M.**, Reyes-Torres, J. A., Talavera-Valentin, J., & Vellon-Pellot, A. L. (2010). *Social Skills Training for Spanish-speaking Veterans with serious mental illness: an adaptation process.* Hispanic Issues in Behavioral Therapy special interest group poster presented at 44th Annual Association for Behavioral and Cognitive Therapies Convention in San Francisco, CA.
- Goldberg, R., Pasillas, R. M., & Wiley, M. (2009). An overview of the Veterans Affairs Interprofessional Fellowship Program in Psychosocial Rehabilitation and Recovery for Veterans with serious mental illness. Poster presented at the 34th Annual U. S. Psychiatric Rehabilitation Association Conference in Norfolk, VA.
- **Pasillas, R. M.**, Wiley, M., & Goldberg, R. (2009). *An overview of the VA Social Skills Training Program for Veterans with serious mental illness.* Poster presented at the 34th Annual U. S. Psychiatric Rehabilitation Association Conference in Norfolk. VA.
- Goldberg, R. & Pasillas, R. M. (2008). *Veterans Affairs Maryland Health Care System mental health recovery transformation needs assessment.* Poster presented at the 33rd Annual U. S. Psychiatric Rehabilitation Association Conference in Lombard, IL.
- Goldberg, R., **Pasillas, R. M.**, & Wiley, M. (2008). *Veterans Affairs Interprofessional Fellowship Program in Psychosocial Rehabilitation and Recovery for Veterans with serious mental illness.* Poster presented at the 33rd Annual U. S. Psychiatric Rehabilitation Association Conference in Lombard, IL.
- Mukherjee, D.*, Baumruck, K. L.*, Martin, L.*, **Pasillas, R. M.**, & Follette, V. M. (2008). *The role of body shame in college women reporting a history of sexual abuse and disordered eating behaviors*. Poster presented at the 88th Annual Convention of the Western Psychological Association conference in Irvine, CA.
- **Pasillas, R. M.** & Follette, V. M. (2008). *The impact of viewing idealized body images on distress in women reporting body shame: Does psychological flexibility moderate the impact?* Poster presented at 42nd Annual Association for Behavioral and Cognitive Therapies Convention in Orlando, FL.
- **Pasillas, R. M.**, Stalnaker, M., DeViva, J., Santanello, A., Decker, M., & Batten, S. (2007). *The role of experiential avoidance in posttraumatic stress and physical pain symptoms*. Poster presented at the 23rd Annual Meeting of the International Society for Traumatic Stress in Baltimore, MD.
- Stalnaker, M., Pasillas, R. M., DeViva, J., Santanello, A., Decker, M., & Batten, S. (2007). *Relationship between PTSD symptoms, physical health, and experiential avoidance in posttraumatic stress disorder*

- and physical pain symptoms. Poster presented at the 23rd Annual Meeting of the International Society for Traumatic Stress in Baltimore, MD.
- Baumruck, K. L.*, Misher, L.*, Dolney, L.*, Jucker, A.*, Vijay, A., Pasillas, R. M., & Follette, V. M. (2006). Women's life experiences and body image concerns. Women's special interest group poster presented at the 40th Annual Association for Behavioral and Cognitive Therapies Convention in Chicago, IL.
- Baumruck, K. L.*, Pasillas, R. M., Vijay, A., Misher, L.*, Dolney, L.*, Jucker, A.*, & Follette, V. M. (2006). Exploring relationships between body image, shame, disordered eating, and abuse across the lifespan. Poster presented at the 22nd Annual Meeting of the International Society for Traumatic Stress in Hollywood, CA.
- Bradley, A. R., O'Donohue, W. T., **Pasillas, R. M.**, Lloyd, A., Bercier, H., Myrvik, M., & Burr-Selle, K. (2004). *Effects of rapport and interview technique on children's memory.* Poster presented at the Annual Convention for the American Psychological Association in Honolulu, HA.
- Bradley, A. R., O'Donohue, W. T., **Pasillas, R. M.**, & Lloyd, A. (2002). *The effects of rapport and interview technique on children's memory: A work in progress.* Poster presented at the Association for the Advancement of Behavior Therapy conference in Reno, NV.
- **Pasillas, R. M.**, Follette, V. M., Rice, N. M., Palm, K. M., Leonard, L. M., & Gray, L. (2002). *Work stress and coping among law enforcement officers as related to domestic violence*. Poster presented at the Association for the Advancement of Behavior Therapy conference in Reno, NV.
- **Pasillas, R. M.** & Follette, V. M. (2001). *The impact of domestic disturbance calls on law enforcement: An exploratory study.* Trauma and disaster special interest group poster presented at the Association for the Advancement of Behavior Therapy conference in Philadelphia, PA.
- Rice, N. M., Follette, V. M., Pasillas, R. M., & Madrigal, A. C. (2001). *Moderating variables and long term correlates of childhood sexual abuse: Results from a Latina community sample.* Poster presented at the Association for the Advancement of Behavior Therapy conference in Philadelphia, PA.