# Curriculum Vita

# *(Current as of 5/25/2022)*

# Paul A. Carrola, Ph.D., LPC-S (TX), NCC, CCMHC

# Associate Professor, Mental Health Counseling

Department of Educational Psychology and Special Services

University of Texas at El Paso

College of Education- Room 703

500 W. University Avenue

El Paso, Texas 79968

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# Education:

# Doctorate of Philosophy

Counseling Education and Supervision

The University of Texas at San Antonio, December 2012

**Master of Arts**

Community Counseling

The University of Texas at San Antonio, December 2004

# Bachelor of Arts

# Criminal Justice with Minor in Psychology

# The University of Texas at San Antonio, December 2001

**Professional Credentials**

**Licensed Professional Counselor** #60660 (Texas)- Effective 12/14/2007 (**Board Approved Supervisor**-Effective 12/14/2009)

**National Certified Counselor** #250232 -Effective 12/8/2008

**Certified Clinical Mental Health Counselor** –Effective 1/23/2019

**Certified Supervisor Trainer**- Texas Supervisor Training Program

**Certified Clinical Trauma Professional -**International Association of Trauma Professionals **(**Effective 2/20/2020)

# Experience:

# Full-Time Academic Appointments

# University of Texas El Paso, **Associate Professor**, Counseling Program (Sept 2019- Present)

* + *Coordinator,* Mental Health Counseling Program (Sept 2018 – Sept 2022)
	+ *Coordinator*, Counseling Program (Sept 2019- July 2020)
	+ *Coordinator*, Special Education Program (Sept 2019- May 2020)
	+ *Clinical Coordinator*, Mental Health Counseling Program (Sept 2017- 2021)

# University of Texas El Paso, **Assistant Professor**, Counseling Program (Sept 2013-Sept 2019)

*Clinical Coordinator*, Mental Health Counseling Program (Sept 2017- 2021)

# Part-Time Academic Experience

# Northwest Vista Community College in San Antonio, TX, Adjunct Instructor, Department of Psychology, (Jan 2012-May 2013)

# University of Texas at San Antonio, *Graduate Research Assistant* (September 2008-August 2009)

# Non-Academic Clinical Experience

# Wellspring of Life Counseling and Play Therapy Center (San Antonio, TX) *Contracted Licensed Professional Counselor* (Jan 2012- June 2013)

# Harlandale Independent School District First-Time Substance Abuse Offending Youth Group Counseling and Concurrent Family Education Program (San Antonio TX) *Contracted Clinical Supervisor* (September 2010- January 2012)

# Academy of Teacher Excellence (University of Texas at San Antonio) *Career Transition Guide* (January 2010-September 2010)

# University of Texas Medical Branch- Correctional Managed Care Division (McConnell Unit, Beeville TX) *Staff Psychotherapist* (August 2006-August 2008)

# Texas Department of Criminal Justice Sex Offender Treatment Program- (Hightower Unit, Dayton TX) *Associate Psychologist* (April 2005-August 2006)

# South Texas Offender Treatment Program in San Antonio, Texas, *Counseling Intern* (August 2004-Nov 2004)

# San Antonio Rape Crisis Center, *Hotline Operator* (Dec 2001-Sept 2004)

**Other Work Experience**

Disabled American Veterans Association in San Antonio, TX, *VA Work Study position* (Jan 1999-Dec 2001)

Austin Police Department, *Police Officer* (April 1998-December 1998)

Veterans Service Office, *VA work Study Position* (January1997-March 1998)

United States Marine Corps active-duty service, *Corporal* (Aug 1992-July 1996)

**Peer Reviewed Publications**

**Carrola, P.A.,** Lopez, A., Lugo-Munoz, E.M., Gomez, M. & Pereria, S.R. (2022). The Burnout Experiences of Counselors in Ciudad Juarez, Mexico: A Qualitative Study. *Journal of Multicultural Counseling and Development.* DOI: 10.1002/jmcd.12249 (impact factor: 2.493)

**Carrola, P.A**. (2022). Experiences addressing denial in sex offender counseling. *Journal of Forensic Psychology Research and Practice.*DOI: 10.1080/24732850.2021.2013363 (impact factor: .905)

DeMatthews, D.E., **Carrola, P.A.**,Reyes, P. & Knight, D. (2021). School leadership burnout and job-related stress: Recommendations for district administrators and principals. *The Clearing House: A Journal of Educational Strategies, Issues and Ideas.* DOI: 10.1080/00098655.2021.1894083 \*18 citations

DeMatthews, D.E., Reyes, P., **Carrola, P.A.**, Edwards,W. & James, L. (2021) Novice Principal Burnout: Exploring Secondary Trauma, Working Conditions, and Coping Strategies in an Urban District. *Leadership and Policy in Schools.* DOI: [10.1080/15700763.2021.1917624](https://doi.org/10.1080/15700763.2021.1917624) \*2 citation

Brown, C. H. & **Carrola, P.A**. (2020). A creative supervision approach for school Counselors supervising interns. *Journal of Creativity in Mental Health.* DOI: [10.1080/15401383.2020.1842276](https://doi.org/10.1080/15401383.2020.1842276)

Umucu, E., Reyes, A., **Carrola, P.A**., Mangadu, T., Lee, B., Brooks, J., Fortuna, K., Villegas, D., Chiu, C.Y., & Valencia, C. (2020). Pain intensity and mental health quality of life in veterans with mental illnesses: The intermediary role of physical health and the ability to participate in activities. *Quality of Life Research*. (impact factor: 2.53) \* citation

DeMatthews, D.E., **Carrola, P.A.** Knight, D.S. & Izquierdo, E. (2019). Principal burnout: How urban school leaders experience secondary trauma on the U.S.-Mexico Border. *Leadership and Policy in Schools* (impact factor: .91) \*29 citations

**Carrola, P.A.** & Brown, C.H. (2018). Integrating the Multicultural and Social Justice Counseling Competencies in Correctional Counseling. *Journal of Counseling Leadership and Advocacy, 5*(2), 1-13. (acceptance rate: 37%) \*14 citations

Kim, S.J., Song, K., **Carrola, P.A.** (2017). Living Together in a Diverse World: Mexican-origin Children’s Conversations about the Stories of Two Mommies and Daddies. *Multicultural Learning and Teaching,* \*1 citation

**Carrola P.A.**, DeMatthews. D.E., Shin & \*Corbin-Burdick, M.F. (2016). Correctional counseling supervision: Managing the duality of security and mental health needs. *The Clinical Supervisor, 35*(2) p.249-267. (acceptance rate: 10%) \*13 citations

**Carrola, P.A.**, Olivarez, A. & Karcher, M.J. (2016). Correctional Counselor Burnout: Examining Burnout Rates using the Counselor Burnout Inventory. *Journal of Offender Rehabilitation, 55*(3), 195-212. (impact factor: .55) \*43 citations

DeMatthews, D.E., Mungal A.S., & **Carrola, P.A.** (2015). Despite Best Intentions: A Critical Analysis of Social Justice Leadership and Decision Making. *Administrative Issues Journal, 5*(2), 1-21.(acceptance rate: 19%) \*31 citations

**Carrola, P.A.** and \*Corbin-Burdick, M.F. (2015). Counseling Military Veterans: Advocating for Multifaceted Interventions. *Journal of Mental Health Counseling*, *37*(1), 1-14. (acceptance rate: 20%) \*60 citations

**Carrola, P.A.**, Yu, K., Sass, D.A., & Lee, S.M. (2012). Measurement Invariance of the Counselor Burnout Inventory across United States and Korean Cultures. *Measurement and Evaluation in Counseling and Development, 45*(4), 227-244. (acceptance rate: 15%, impact factor: 1.047) \*32 citations

**Peer Reviewed Book Chapters**

**Carrola, P.A.** & Juhnke (2014).The MO(o)D PIRATES Malingering Mnemonic Risk Assessment: General Implications and Guidelines for Correctional Counselors. *Annual Review of Addictions and Offender Counseling: Best Practices II.*

**Book Chapters**

**Carrola, P.A.,** \*Lugo-Munoz, E.M. (2016). Practical Interventions for Addressing Trauma with Children. *Investigation y Desarrollo Educativo* Universidad de Guadalajara y con el College of Education de la University of Texas at El Paso.

*\* Denotes student co-author*

**Peer Reviewed Articles under Review**

**Peer Reviewed Articles in Preparation**

Shin, Carrola Play therapy Training in Juarez (manuscript in preparation)

Rocha, Carrola Supervise Best Practices (data analysis)

**Research in Progress**

Carrola Sex Offender Counselors in session Empathy, Burnout and Mindfullness (data collection)

Carrola Exploring Batters Intervention Practices in Juarez, Mexico (IRB approval pending)

**Media and Other Non-Peer Reviewed Work**

Carrola, P.A. (2020, April 5). Fundamental, mantener la salud mental durante la desconexión física. *El Diario.* Retrieved from: <https://diario.mx/opinion-el-paso/fundamental-mantener-la-salud-mental-durante-la-desconexion-fisica-20200404-1648289.html>

Carrola, P. A. (2019, August 15). Mental illness does not cause racism, society’s ills. *El Paso Times*. Retrieved from: <https://www.elpasotimes.com/story/opinion/2019/08/15/mental-illness-does-not-cause-racism-societys-ills-paul-carrola-column-el-paso-shooting/2022674001/>

Texas Tribune Q & A: Paul Carrola. *The Texas Tribune.* May 2015: https://www.texastribune.org/2015/05/27/q-paul-carrola/

UTEP Team Studies Burnout. *UTEP Newsletter.* February 2015: http://news.utep.edu/utep-team-studies-counselor-burnout/

Carrola, P.A. (Summer 2011). Supervising Masters Level Interns in Adolescent Substance Abuse Groups. *IAAOC Graduate Student Highlights*.

**Presentations**

1. Carrola, P.A., \*Gromulska, Z. & \*Santana, Michelle (2022). Court Mandated and Offender Counseling: Strategies to incorporate Training into master's level Curriculum. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2022 Conference. February 24-25, 2022, Arlington, TX.
2. Carrola, P.A. & \*Gromulska, Z. (2021). Denial and the Therapeutic Relationship in Sex Offender Counseling. Texas Counseling Association 65th Annual Professional Growth Conference. November 14th, 2021, Galveston, TX.
3. Carrola, P.A. (2021). Secondary Trauma and Burnout: Prevention and Coping. Symposium for Understanding Educator Well Being. Paseo del Norte, El Paso TX, September 17, 2021 **(Invited)**
4. Fields, H., Argus-Calvo, B, Tanabe, C., Kosheleva, O., Yeager, K. & Carrola, P.A. (2021). The University of Texas at El Paso, College of Education: Driving Change through Partnerships. Kazan Federal University, The 7th Annual International Forum on Teacher Education, May 27th, 2021
5. Carrola, P.A., Rocha, J., & Micallef, S. (2021). International Collaboration for
Counseling Programs: Challenges and Practices. American Counseling Association (ACA) 2021 Virtual Conference, April 5-April 30, 2021
6. Carrola, P.A. (2021). Secondary Trauma and Burnout of Mental Health Professionals: Coping during the Pandemic and Social Division. Illinois Association for the Treatment of Sexual Abusers, 2021 Annual Conference. March 19, 2021 **(Invited Keynote)**.
7. Brown, C.H. & Carrola, P.A. (2021). A Creative Supervision Approach for School Counselors Supervising Interns. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2021 Conference. February 25-26, 2021 (Virtual).
8. Carrola, P.A., Aguilar, N. (2020). Staying Healthy: Avoiding burnout and dealing with compassion fatigue. Student Engagement and Leadership Center, Virtual Presentation. December 9th, 2020.
9. Carrola, P.A., Aguilar, N. (2020). Dialogues in Leadership professional development series: Work/life balance panel. Student Engagement and Leadership Center, Virtual Presentation. November 6th, 2020.
10. DeMatthews, D., Reyes, P. & Carrola, P.A. (2020). (Re)Starting Schools: How Principals can Proactively Manage Stress. Webinair. August 28th, 2020
11. Todd, A., Carrola, P.A. (2020). Staying Healthy: Self-care and mindfulness for parents during the pandemic. Student Engagement and Leadership Center, Virtual Presentation. June 11th, 2020.
12. Shin, S.M., Carrola, P.A. (2020). Staying Healthy: Managing stress when you're parenting, teaching and working- Part 2. Student Engagement and Leadership Center, Virtual Presentation. June 4th, 2020.
13. Shin, S.M., Carrola, P.A. (2020). Staying Healthy: Managing stress when you're parenting, teaching and working. Student Engagement and Leadership Center, Virtual Presentation. May 21st, 2020.
14. Carrola, P.A., Lusk, M., \*Ramirez, N. (2020). Mental Health Discussions: Resiliency and Self-Care during the Pandemic. Student Engagement and Leadership Center, Virtual Presentation. May 14th, 2020.
15. Carrola, P.A., \*Montellano, R., \*Saccone, J., \*Zubia, C. (2020). Staying Healthy: Conversations about Mental Health and Social Connection. Student Engagement and Leadership Center, Virtual Presentation. April 30th, 2020.
16. Carrola, P.A., Zubiate, M. & \*Barraza, K. (2020). Strategies for Implementing Neuroscience in Counselor Education. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2020 Conference. February 27-28, 2020 San Antonio, TX.
17. Carrola, P.A. (2019). Integrating Neuroscience into Trauma Counseling. Texas Counseling Association 63rd Annual Professional Growth Conference. November 13-16, 2019, Fort Worth, TX. **(Session selected for Live Stream and the TCA digital library)**
18. Carrola, P.A. (2019). What’s new, Keeping Curriculum Current in Masters level Training Programs. Association for Counselor Education and Supervision (ACES) Bi Annual Conference, October 2019, Seattle, Washington.
19. Carrola, P.A. & Nunez-Mchiri, G. (2019). Healthy Relationships and Communication. Wise Latina International, 2019 Summit Tapestry of Evolution: United Against Sexual Violence and Human Trafficking, September 28, 2019, El Paso, TX
20. Carrola, P.A. (2019). Secondary Trauma, Compassion Fatigue & Burnout. Trauma, Resilience & Resistance Series. August 28th, 2019, the University of Texas at El Paso.
21. Carrola, P.A., \*Lopez, P.N. & \*Silva, J. (2019). Integrating Current Research Outcomes into Treating Trauma: What do we need to know? 3rd Trauma & Resilience in the Borderland Conference 2019. July 27, 2019, El Paso TX.
22. Carrola, P.A., \*Lopez, P.N. & \*Silva, J. (2019). Ethics: Best Practice for Trauma Informed Treatment. 3rd Trauma & Resilience in the Borderland Conference 2019. July 26, 2019, El Paso TX.
23. Carrola, P.A. & \*Lopez, P.N. (2019). Innovative and Humanistic Approaches to Treating Trauma. Association for Humanistic Counseling. May 30th, 2019, Bloomington, Minnesota.
24. Carrola, P.A. (2019). Masculinity and the Counseling Relationship. Association for Humanistic Counseling. May 30th, 2019, Bloomington, Minnesota.
25. Carrola, P.A. & Brown, C.H. (2019). Social Justice and the Prison System: How Counselors Advocate in a Hostile Environment. Chi Sigma Iota Webinar. April 11, 2019. **(Invited)**
26. Carrola, P.A. (2019). Mental Health Concepts for Educational Administrators. Department of Educational Leadership and Policy, The University of Texas at Austin. April 3, 2019, Austin T.X **(Invited)**
27. Carrola, P.A., \*Diaz, A. & \*Montoya, E. (2019). The evolving field of Trauma Focused Treatment: Strategies for preparing practitioners. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2019 Conference, February 28, 2019, Dallas, TX.
28. Carrola, P.A. (2018). Addressing trauma through strength based approaches using holistic, cultural identity and posttraumatic growth models. 2nd Trauma & Resilience in the Borderland Conference 2018. June 1, 2018, El Paso TX.
29. Carrola, P.A. (2018). The Texas LPC and ACA code of Ethics: Similarities, Differences and Supervision Practices. Professional Counselors of El Paso, May 9, 2018, El Paso TX. **(Invited)**
30. Baksh, A. & Carrola, P.A. (2018). Working with sexual offenders: An overview of key treatment approaches and pitfalls. American Counseling Association (ACA) Annual Conference and Expo, April 26-April 29, 2018, Atlanta, GA
31. Carrola, P.A. (2018). Developing military competency with counselors in training using a multicultural and strength-based approach. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2018 Conference, March 2, 2018, Austin, TX.
32. Carrola, P.A., Salcido, R., \*Perez Monge, & \*Salazar, S. (2018). Developing Competencies for Counselors in Training to Work With Mexican Immigrant Populations: Recommendations for Both Clinical and Administrative Supervision Texas Association for Counselor Education and Supervision (TACES) Midwinter 2018 Conference, March 2, 2018, Austin, TX.
33. Walker, K., Carrola, P.A. & Wilson, A. (2018). Train the trainer: Steps to offer your own 40-hour LPC Supervisor training course. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2018 Conference, March 2, 2018, Austin, TX.
34. DeMatthews, D. E., Izquierdo, E., Carrola, P.A., & Knight, D. (2018). *Principal burnout, accomplishment, and secondary trauma: A mixed-method study of school leader emotions.* Paper to be presented at the AERA Conference 2018, New York, New York.
35. Carrola, P.A. (2018). An update of the Texas LPC and ACA code of Ethics: Similarities and Differences. Trans Pecos Counseling Association, January 31, 2018, El Paso, TX. **(Invited)**
36. Carrola, P.A. & Inyang, E. (2017). Supervision challenges in Correctional Counseling. Association for Counselor Education and Supervision (ACES) Bi Annual Conference, October 2017, Chicago, IL.
37. Carrola, P.A. (2017). Managing Dual Relationships in Counseling. Trans Pecos Counseling Association, April 23, 2017, El Paso, TX. **(Invited)**
38. Wilson, A., Carrola, P.A., Inyang, E. & Baksh, A. (2017). Counseling Sexual Offenders: Practical Information for Clinicians. American Counseling Association (ACA) Annual Conference and Expo, March 31-April 3, 2017, San Francisco, CA.
39. Shin, S.M., Carrola, P.A., \*Monte, B., \*Gonzalez, J. & \*De la Rosa, A. (2017). Play Therapy Training for Mental Health Professionals in the Border Region. American Counseling Association (ACA) Annual Conference and Expo, March31-April 3, 2017, San Francisco, CA.
40. Carrola, P.A., Salcido, R., \*Chacon-Diaz, M. & \*Perez-Monge, H. (2017). Addressing the Counseling Needs of Immigrant Populations: Recommendations for Supervision and Training. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2017 Conference, March 3, 2017, Austin, TX.
41. Williams, R.W. & Carrola, P.A. (2017). Orientation to Clinical Supervision: Models and Methods. February 24, 2017, Family Services of El Paso, TX. **(Invited)**
42. Carrola, P.A. (2016). The Causes of Anger and how to Provide Interventions for Clients with Anger Control Problems. Centro Familiar Para La Integgracion Y El Crecimiento. December 1, 2016. Ciudad Juarez, Mexico. **(Invited)**
43. Carrola, P.A. (2016). Addictions Counseling for Adolescents. Southwest Keys Programs Training Workshop. November 16, 2016. Canutillo, Texas. **(Invited)**
44. Carrola, P.A., Wilson, A. & Inyang, E. (2016). Addressing Challenges in Sex Offender Counseling: Recommendations for Best Practice. Texas Counseling Association 60th Annual Professional Growth Conference. November 2-5, 2016, Dallas, TX.
45. Carrola, P.A. & Inyang, E. (2016). Clinical Supervision in Correctional Environments: Navigating the Multiple Roles and Obligations of Supervisors. International Interdisciplinary Conference on Clinical Supervision. June 16, 2016, Adelphi University; Garden City, NY.
46. Carrola, P.A., Williams, R.C., \*Balderrama, B., \*Laize, S., \*Carlos, D., \*Duarte, D., \*Rios, A. & \*Monte, B. (2016). Counseling on the Border: A Panel Discussion of Students from the El Paso Borderplex. American Counseling Association (ACA) and Canadian Counselling and Psychotherapy Association (CCPA) Annual Conference and Expo, March31-April 3, 2016, Montreal, Canada.
47. Carrola, P.A. & Brown, C.H. (2016). Advocating for Mental Health Services in Prisons: Calling the Counseling Profession to Action. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2016 Conference, January 2016, Austin, TX.
48. Carrola, P.A. (2016). Preparing Counselors to work with Military: Veterans utilizing Post traumatic Growth Approaches and Cultural Identity Models. Texas Association for Counselor Education and Supervision (TACES) Midwinter 2016 Conference, January 2016, Austin, TX.
49. Carrola, P.A., \*Lugo Munoz, E. & \*Gomez, M. (2015). Border Violence and Mental Health Counseling: Recommendations for Collaboration between El Paso TX and Juarez, MX. Texas Counseling Association (TCA) Annual Professional Growth Conference, November 2015, Corpus Christi, TX.
50. Carrola, P.A. (2015). Crisis Counseling in Juarez, Mexico: Implications for practice and Collaboration. Association for Counselor Education and Supervision (ACES) Bi Annual Conference, October 2015, Philadelphia, PA.
51. Carrola, P.A. (2015). Burnout Prevention for Correctional Mental Health Providers. Federal Correctional Institution, La Tuna Psychology department training retreat, August 21, 2015, Anthony, TX. **(Invited)**
52. Carrola, P.A. (2015). Correctional Counselor Burnout and Implications. American Counseling Association (ACA) Annual Conference and Expo, March 2015, Orlando, FL.
53. Williams, R.C. & Carrola, P.A. (2015). Demonstration of a Systematic Developmental Model for Teaching Case Conceptualization and Treatment Planning. American Counseling Association (ACA) Annual Conference and Expo, March 2015, Orlando, FL.
54. Carrola, P.A., (2015). Effective Correctional Counselor Supervision. Texas Association for Counselor Education and Supervision (TACES) Midwinter Conference, January 2015, Austin, TX.
55. Carrola, P.A. (2014). Correctional Counselor Burnout: Evidence for Increased Burnout in Restrictive Environments. Texas Counseling Association (TCA) Annual Professional Growth Conference, November 2014, Dallas, TX.
56. Carrola, P.A. & \*Corbin-Burdick, M.F. (2014). Providing Culturally Competent and Holistic Counseling for Veterans. Second Annual Interdisciplinary Symposium: Defining the Future in Health Promotion and Disability Outreach, October 17, 2014, University of Texas at El Paso.
57. Williams, R.C. & Carrola, P.A. (2014). A Systematic Developmental Model for teaching Cases Conceptualization and Integrating Cultural Formulation. Texas Association for Counselor Education and Supervision (TACES) Midwinter Conference, January 2014, Austin Texas.
58. Argus-Calvo, B., Carrola, P.A. & Gonzales, M.L. (2013). A Mosaic: The hearts and souls of education on the border in times of violence. World Education Research Association (WERA) WERA Focal Meeting, November 2013, Guanajuato, Mexico.
59. Carrola, P.A., Yu, K. & Lee, S.M. (2012). Measurement Invariance of the Counselor Burnout Inventory across United States and Korean Cultures. American Counseling Association (ACA) Annual Conference and Exposition, March 2012, San Francisco, CA.
60. Duffey, T., Trepal, H. & Carrola, P.A. (2012). Reflections on a Relational Cultural Approach to Mentoring in Counselor Education and Supervision. Texas Association for Counselor Education and Supervision (TACES) Midwinter Conference, February 2012, Austin, TX.
61. Carrola, P.A. (2010). Providing Counseling within the Prison Environment. Texas Counseling Association (TCA) Professional Growth Conference, November 2010, Austin, TX.
62. Moyer, M., Lopez, A., Carrola, P.A., Pavelka, Mireles, & Primm. (2010). Parent Consultation Center: A Benefit to Schools, Students and Communities. (TCA) Professional Growth Conference, November 2010, Austin, TX.
63. Carrola, P.A. & Tovar, M. (2010). Counselor Supervision in Correctional Settings. Texas Association for Counselor Education and Supervision, poster presentation (TACES) Midwinter Conference, February 2010, Austin, TX.
64. Smith, R., Juhnke, G., Watts, R., Davis, Flamez, Carrola, P.A., Melton, B., Stark & Polonyi. (2010). Voices of Doctoral Students. Texas Association for Counselor Education and Supervision (TACES) Midwinter Conference, February 2010, Austin, TX.
65. Trepal, H., Boie, I., Carrola, P.A., Leeth, C., Lopez, A. & Tovar, M. (2009). Suggestions for Supervising Diverse Counselors. Second Life virtual symposium 2009, San Antonio, TX.
66. Evans, M., Moyer, M., Lopez, A., Leeth, C., Herndon, V., Renken, D., Carrola, P.A., & Boie, I. (2009). Sunrise Reflections: Wellness and Nontraditional Approaches/Interventions for Counselors and their Clients. American Counseling Association (ACA) World Conference, March 2009, Charlotte, NC.

*\* Denotes student/former student co-presenter*

**Grants**

**Funded**

Principal Investigator: Carrola, P.A. (2016). **Research Assistant awarded** through the College of Education competitive proposal process program*. University of Texas at El Paso College of Education,* Position awarded from Sept 1, 2016-Sept 1, 2017

Principal Investigator: Carrola, P.A. (2016). Counseling Military Veterans: Exploring Aspects of the Therapeutic Relationship. *Texas Association of Counselor Educators and Supervisors Research Grant* **Amount: $500**, Awarded: May 6, 2016

Principal Investigator: Carrola, P.A. (2015). Exploring the burnout of counselors in Juarez, Mexico: A mixed methods approach to measure the effects of border drug violence on mental health providers. *The University of Texas at El Paso* *University Research Incentive (URI)* **Amount: $5,000**, February 2015

Principal Investigator: Carrola, P.A. (2015). Military veterans perception of the therapeutic relationship and barriers to effective counseling: Implications for practice. *Texas Counseling Association Educational Endowment Fund Grant (EEF)* **Amount: $500**, August 2015

Principal Investigator: Carrola, P.A. (2012). Correctional Counselor Burnout. *Texas Counseling Association Educational Endowment Fund Award* **Amount: $500**, Awarded: Jan 23, 2012

**Not Funded**

Principal Investigator: Carrola P.A., Pechak C (Co-PI), Shin SM (Co-I), Fierro C (Co-I), Lo C (Co-I), Boyea B (Co-I), Christenberry E (Co-I), (2019). Education Grant ($487,444). *Integrated Behavioral Care for Underserved Populations through Interprofessional Student Clinical Training Experiences.* Texas Higher Education Coordinating Board, Minority Health Research and Education Grant.

Principal Investigator: Carrola, P.A. (2017). Underlying Influences of Gender Role Stereotypes on Hispanic Male perpetrators of Domestic Violence. *Harry Frank Guggenheim Foundation Research Grant,* Amount: $40,000

Principal Investigator: Carrola, P.A. (2015). Military veterans perceptions of mental health treatment issues and the therapeutic relationship. *Hogg Foundation Mental Health Research Grant for Tenure Track Assistant Professors in Texas,* Amount: $19,250

Principal Investigator: Carrola, P.A. (2014). Exploring the burnout of counselors in Juarez, Mexico: A mixed methods approach to measure the effects of border drug violence on mental health providers. *University Research Institute (URI) Grant,* Amount: $4,200

Co-Investigator: Carrola, P.A. (2014). Teachers as Intervention Leaders (project TIL): Preparing personnel in minority institutions of higher education to serve children, including infants and toddlers, with disabilities. *Personnel Preparation in Special Education, Early Intervention, and Related Services,* Amount: $400,000

**Thesis and Dissertation Committees**

**Dissertation Committee Member**

Kuroiwa, Jeffery (2019). What is the status of the Professional quality of life of the U.S. college mental health counselors? *Doctoral Dissertation presented to the Department of Educational Leadership and Foundations at the University of Texas at El Paso*

Johnson, Kris (2018). Experiences of military-trained educational leaders: From the military to public schools administration in Texas. *Doctoral Dissertation presented to the Department of Educational Leadership and Foundations at the University of Texas at El Paso*

Sanchez Garcia, Georgina (in progress-proposal completed). Trauma and Resilience among Migrant Children from Mexico and the Northern Triangle en Route to the United States. *Doctoral Dissertation presented to the Interdisciplinary Health Sciences PhD program in the College of Health Sciences at the University of Texas at El Paso*

# Lopez, Claudia, (2022). Self-determination theory and attachment theory: An integrative model to predict drinking motives and protective behavioral strategies in emerging adults attending college. *Doctoral Dissertation presented to the Psychology department in the College of Liberal Arts at the University of Texas at El Paso*

**Thesis Committee Member**

Avila, Jaleen (2021). Increasing parents' knowledge on reducing child lead exposure through education provided by community health workers in El Paso, TX. *Masters Thesis presented to the Department of Public Health sciences at the University of Texas at El Paso*

Paquian, Ruben (2020). An autoethnography of a non-traditional student veteran: A journey of transition to the present. *Masters Thesis presented to the Department of English, Rhetoric and Writing at the University of Texas at El Paso*

Puentes, Reyna (2017). An investigation of in-session client change language and stage of change. *Masters Thesis presented to the Department of Psychology at the University of Texas at El Paso*

Higley, Cole (2017). The Risk Principle Paradox: A multilevel approach to examine which high-risk offenders successful change during rehabilitation programs. *Masters Thesis presented to the Department of Psychology at the University of Texas at El Paso*

**Professional Service**

**Invited External Reviews**

* Tenure and Promotion to Associate Professor, University of Indiana South Bend
* Tenure and Promotion to Associate Professor, New Mexico State University

**Editorial and Peer Review Service (number of manuscripts reviewed)**

* Journal of Counselor Preparation and Supervision- Editorial Board Member (8)
* Journal of Addictions and Offender Counseling- Editorial Board Member (6)
* Journal of Offender Rehabilitation- Blind peer reviewer (1)
* Journal of Spanish Psychology- Blind Reviewer (2)

**Peer Review for Conference Proposals/Scholarship Applications**

* Texas Counseling Association Professional Growth Conference- 2019 (11)
* Texas Association for Counselor Education and Supervision -2018 Midwinter Conference Reviewer (10)
* Texas Association for Counselor Education and Supervision- 2018 Graduate Student Scholarship Reviewer
* Texas Association for Counselor Education and Supervision- 2017 Graduate Student Scholarship Reviewer
* Association for Counselor Education and Supervision- 2015 Conference Reviewer (12)

**University/College/ Department**

* University Student Grievance Committee Member (2021-Present)
* Department-Faculty Search Committee Co-Chair (2021-2022)
* University- Faculty Senate (2018-2021)
* University- Community Engagement Council (2017-2020)
* University- Student Welfare Committee (2016-2019)
* College- College of Education Restructuring Task Force, Committee Member (2015)
* College- Deans Advisory Council, Committee Member (2015)
* Department-Faculty Tenure and Promotion Committee Chair (2020-2021)
* Department-Faculty Search Committee Chair (2019-2020)
* Department-Faculty Search Committee Member (2016-2017)
* Department-Faculty Search Committee Member (2014-2015)
* Department-Proposing faculty member for the approval and implementation of the Master of Science degree designation for the Mental Health Counseling degree
* Department- Faculty advisor for Chi Sigma Iota student counseling honor society (2014-2019)

**Local**

* Do the Write Thing
* Professional Counselors of El Paso (Legislative Board Member; 2018-2019)
* Trans Pecos Counseling Association (Emerging Leader Board Member; 2018-2019)

**State**

* Texas Counseling Association Senator representing the Texas Association of Counselor Education and Supervision (June 2016-June 2020)
* Texas Association of Counselor Education and Supervision President Elect (June 2020-April 2021)
* Texas Association of Counselor Education and Supervision President (April 2021-June 2022)

**National**

* International Association of Addictions and Offender Counseling- Sex Offender Treatment Committee member

**Awards and Special Recognitions**

* 2012 University of Texas at San Antonio Spring 2012 Presidential Dissertation Fellowship **Award: $2,000**
* 2015 Emerging Leader Association for Counselor Education and Supervision
* 2018 Distinguished Service Award, Texas Counseling Association
* 2020 Distinguished Service Award, Texas Counseling Association

**Professional Memberships**

* American Counseling Association-Member # 6272417 (2009-present)
* Association for Counselor Education and Supervision- Home region: SACES (2013-present)
* International Association of Addiction and Offender Counselors-Member (2011- present)
* Texas Counseling Association -Member # 70319 (2008-present)
* Texas Association for Counselor Education and Supervision (2010-present)
* Texas Mental Health Counseling Association (2014-present)
* Texas Association for Humanistic Education and Development (2016-present)
* Texas Association for Assessment in Counseling and Education (2016-present)
* International Association of Trauma Professionals (2020-present)

**Graduate Courses Developed/Taught**

* EDPC 5341: Theories of Counseling
* EDPC 5322: Mental Health Counseling
* EDPC 5339: Techniques of Counseling
* EDPC 5347: Addictions Counseling **(Developed)**
* EDPC 5350: Neuroscience in Counseling **(Developed)**
* EDPC 5371: Counseling Practicum
* EDPC 5372: Counseling Internship I
* EDPC 5373: Counseling Internship II