

Kristin A. Kosyluk  
Formerly Kristin A. Sokol

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El Paso, Texas 79912  
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## EDUCATION

*Illinois Institute of Technology, Chicago, IL*

**Ph.D. in Rehabilitation Counseling Education** 2014

GPA: 4.0

Dissertation Topic: Stigma and Mental Illness in the College  
Population

**M.S. in Rehabilitation Counseling** 2009

Graduated with honors (4.0 GPA).

*Pennsylvania State University*

**B.S. in Psychology** 2004

Area of Concentration: Biological Sciences  
3.9 GPA

## LICENSES AND CERTIFICATIONS

Certified Rehabilitation Counselor (CRC) 2009 - Present  
(Certificate #00111686)  
CRCC

## PROFESSIONAL EXPERIENCE

*University of Texas at El Paso, El Paso, TX*

**Assistant Professor** August 2015 - Present

*University of Texas at El Paso, El Paso, TX*

**Visiting Assistant Professor** September 2014 –  
August 2015

*University of Texas at El Paso, El Paso, TX*

**Lecturer** May - August 2014

*Illinois Institute of Technology, Chicago, IL*

**Project Coordinator- the Center on Adherence and Self-  
Determination (CASD)** 2009 - 2014

The CASD is an NIMH-funded Center grant (Grant # P20  
MH085981; Project Period: 9/01/09-8/31/14)

Total Funding: \$5,000,000

PI: Patrick Corrigan

*American Journal of Psychiatric Rehabilitation (AJPR)*  
**Managing Editor** 2009 - 2014

*CARC, Chicago, IL*  
**Unit Coordinator** 2005-2009  
**CARC-Westtown Center**  
Now Envision Unlimited- Westtown Center

**Program Coordinator** 2007-2008  
**CARC-Community Connections**

*Huntingdon Base Service Unit, Huntingdon, PA*  
**Supports Coordinator** 2004-2005

*The Meadows Psychiatric Hospital, Centre Hall, PA*  
**Mental Health Technician** 2002-2004

## RESEARCH FUNDING

**Hogg Foundation for Mental Health** July 1, 2016 – June 30, 2017  
**Recovery-Oriented Mental Health Research Grants in Texas**  
“A Randomized Controlled Trial of the National Alliance on Mental Illness (NAMI)  
Peer-to-Peer Program on the U.S.-Mexico Border”  
\$21,985 (Role: PI)

**Oklahoma Department of Vocational Rehabilitation** July 1, 2015 – June 30, 2016  
“Improving Employment Outcomes for Individuals with Psychiatric Disabilities in the  
Oklahoma City Department of Rehabilitation Services: A Positive Deviance Approach”  
\$50,022 (Role: Co-PI)

**Community-Academic Partnership** April 1, 2015 – March 31, 2016  
**Capacity Building Program (CAP<sup>2</sup>)**  
“Community Call to Action to Respond to Homelessness in El Paso”  
\$4,000 (Role: Co-PI)

**NIMH Grant # P20MH085981-04** June 2013 – August 2013  
**Ad Hoc Research Funding**  
Center on Adherence and Self-Determination  
“Campus Solidarity Campaign: Quantitative Logo Evaluation”  
\$700

**NIMH Grant # P20MH085981-04** January 2013 – May 2013  
**Ad Hoc Research Funding**  
Center on Adherence and Self-Determination  
“Mental Illness Stigma in the College Population: Community-Based Participatory  
Research”  
\$450

**Oak Park Anti-Stigma Program** November 2012 – April 2013  
**Evaluation Grant**  
National Alliance on Mental Illness (NAMI)/  
National Consortium on Stigma and Empowerment (NCSE)  
\$5,000

**2011 Active Minds Emerging Scholars Fellowship**  
“Developing and Evaluating Safe Space for Mental Illness”  
\$1,250

**January-June 2011**

## **GRANTS SUBMITTED (IN REVIEW)**

**American Psychological Foundation** **May 2016**  
**Violet and Cyril Franks Scholarship**  
“A Randomized Controlled Trial Investigating the Impact of *Narrative Enhancement and Cognitive Therapy (NECT)* and *Video-Based Contact* to Reduce Self- and Public Stigma Surrounding Serious Mental Illness (SMI)”  
\$5,000 (Role: Graduate Adviser; Antonia Ostos, PI)

**Administration for Community Living** **February 2016**  
**National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR)**  
“Increasing Community Participation Among Hispanic/Latino Postsecondary Students with Psychiatric Disabilities Through a Disclosure-Based Stigma Reduction Program”  
\$598,327 (Role: PI)

## **GRANTS SUBMITTED (NOT FUNDED)**

**U.S. Department of Education** **December 2015**  
“Project TIL (Teachers as Intervention Leaders)”  
\$1,232,021.00 (Role: Co-PI)

**Group Foundation for Advancing Mental Health Research** **November 2015**  
“A Randomized Controlled Trial of the Effectiveness of the National Alliance on Mental Illness (NAMI) Peer-to-Peer Program With College Students with Mental Illness”  
\$14,974.75 (Role: PI)

**Christopher and Dana Reeve Foundation** **August 2015**  
**Conference/Symposium Proposal**  
“El Paso Assistive Technology Conference”  
\$25,000 (Role: PI)  
\*This was a revision to the proposal submitted in February 2015.

**Mental Health and Emotional Well-Being** **June 2015**  
**Think.Change Initiative**  
Paso del Norte Health Foundation  
“The University Mental Health Alliance: A Multifaceted Approach to Stigma Change at the University of Texas at El Paso”  
\$308,736  
\*This was a revision of an earlier proposal submitted to the Paso del Norte Health

Foundation in August 2014.

**American Psychological Foundation Visionary Grant**

**March 2015**

“Mental Health Unity (MHU) Ally Training Program:

Promoting a Supportive Environment for Students with Mental Illness”

\$20,000 (Role: PI)

**Christopher and Dana Reeve Foundation**

**February 2015**

**Conference/Symposium Proposal**

“El Paso Assistive Technology Conference”

\$25,000 (Role: PI)

\*Revision in progress for August 2015 resubmission. This submission scored 2.9/3 and one reviewer recommended full funding while the other recommended funding at 50%. The proposal team was encouraged to resubmit after adding additional key partner.

**Paralyzed Veterans of America Education Foundation**

**February 2015**

**Conference/Symposium Proposal**

“El Paso Assistive Technology Conference”

\$14,989 (Role: PI)

**Mental Health and Emotional Well-Being**

**August 2014**

**Think.Change Initiative**

Paso del Norte Health Foundation

“Implementing Mental Health Unity at the University of Texas at El Paso: A Social Marketing Approach to Stigma Reduction”

\$132,419

**ACHA UnitedHealthcare Student Resources Fund**

**January 2013**

American College Health Association (ACHA)/American College Health Foundation (ACHF)

“Development, Implementation, and Testing of a Tailored Anti-Stigma Intervention for College Students”

\$5,000

**Violet & Cyril Franks Fellowship**

**May 2012**

American Psychological Association (APA)

“A Randomized Controlled Trial Investigating the Impact of Education and Contact Approaches to Stigma Change in the College Population”

\$5,000

**PUBLICATIONS**

**Peer Reviewed Manuscripts**

**Kosyluk, K.A.,** Al-Khouja, M., Bink, A., Buchholz, B., Ellefson, S., Fokuo, J.K., ...  
Corrigan, P.W. (in press). Challenging the Stigma of Mental Illness Among College

Students: A Randomized Controlled Trial. *Journal of Adolescent Health*.

**Kosyluk, K.A.**, Corrigan, P.W., Jones, N., James, D., Abelson, S., & Malmon, A. (in press). Developing a Campaign to Promote and Environment of Solidarity and Support on College Campuses for Students with Mental Illness. *Rehabilitation Research, Policy, and Education*.

**Kosyluk, K.A.**, Corrigan, P.W., Schmidt, A., Abelson, S., & Malmon, A. (2015). A Campus Solidarity Campaign: Respect and Support for College Students with Mental Illness. *Mental Health and Social Inclusion*, 19(4), 180-190.

Corrigan, P.W., **Kosyluk, K.A.**, Markowitz, F., Lewis Brown, R., Conlon, B., Rees, J., Rosenberg, J., Elefson, S., & Al-Khouja, M. (2015). Mental illness stigma and disclosure in college students. *Journal of Mental Health*, 1-7.

Michaels, P.J., **Kosyluk, K.A.**, & Butler, E. (2015). Applying health communications to mental illness stigma change. *Journal of Public Mental Health*, 14(2), 69-78.

**Kosyluk, K.A.**, Corrigan, P.W., Landis, R. (2014). Employer stigma as a mediator between past and future hiring behavior. *Rehabilitation Counseling Bulletin*, 57(2), 102-108. DOI: 10.1177/0034355213496284

Corrigan, P.W., **Kosyluk, K.A.**, Fokuo, J.K., & Park, J.H. (2014). How does direct to consumer advertising affect the stigma of mental illness? *Community Mental Health Journal*, 50(7), 792-799. DOI: 10.1007/s10597-014-9698-7 PMID: 24488184

Corrigan, P.W., Powell, K., Fokuo, J.K., & **Kosyluk, K.** (2014). Does humor influence the stigma of mental illnesses? *Journal of Nervous and Mental Disease*, 202(5), 397-401. DOI: 10.1097/NMD.0000000000000138. PMID: 24747719

Corrigan, P.W., & **Kosyluk, K.A.** (2013). Erasing the stigma: Where science meets advocacy. *Basic and Applied Social Psychology*, 35(1), 131-140. DOI: 10.1080/01973533.2012.746598

Corrigan, P.W., **Kosyluk, K.A.**, & Rüsche, N. (2013). Reducing Self-Stigma by Coming Out Proud. *American Journal of Public Health*, 103(5), 794-800. DOI: 10.2105/AJPH.2012.301037, PMID: 23488488

Corrigan, P.W., **Sokol, K.A.**, Rüsche, N. (2013). The impact of Self-Stigma and Mutual Help Programs on the Quality of Life of People with Serious Mental Illnesses. *Community Mental Health Journal*, 49(1), 1-6. doi: 10.1007/s10597-011-9445-2, PMCID: PMC3320674

Ditchman, N., Werner, S., **Kosyluk, K.A.**, Jones, N., & Corrigan, P.W. (2013). Stigma and Intellectual Disability: Potential Applications of Mental Illness Research.

*Rehabilitation Psychology*, 58(2), 206-216. doi: 10.1037/a0032466

Herzig, B.A., Roysircar, G., **Kosyluk, K.A.**, & Corrigan, P.W. (2013). American Muslim College Students: The Impact of Religiousness and Stigma on Active Coping. *Journal of Muslim Mental Health*, 7(1), 33-42.

Werner, S., Ditchman, N., Corrigan, P.W., & **Sokol, K.** (2012). Stigma and intellectual disability: A review of related measures and future directions. *Research in Developmental Disabilities*, 33(2), 748-765. doi:10.1016/j.ridd.2011.10.009

### **Manuscripts In Review**

**Kosyluk, K.A.**, Al-Khouja, M., Bink, A., Buchholz, B., Ellefson, S., Fokuo, J.K., ... Corrigan, P.W. Factors Predicting Help Seeking for Mental Illness Among College Students. *Manuscript in review*.

### **Manuscripts & Book Chapters In Preparation**

**Kosyluk, K.A.**, Ostos, A. & Chapman, S. Mental Illness Stigma in the Hispanic/Latino Population: A Systematic Review of the Literature. *Manuscript in preparation*.

**Kosyluk, K.A.**, Ostos, A. & Chapman, S. The Intersection of Psychiatric Disability and Metabolic Syndromes: A Systematic Review of the Literature. *Manuscript in preparation*.

**Kosyluk, K.A.**, & Pasillas, R.M. Targeting Self-Stigma Interventions. *Manuscript in preparation*.

**Kosyluk, K.A.**, & Singhal, A. A Positive Deviance Approach to Rehabilitation Research: Searching for Solutions in Plain Sight. *Manuscript in preparation*.

### **Book Chapters**

**Kosyluk, K.A.**, & Sokol, M.L. Reclaiming Deviance within the Field of Disability: Harnessing Positive Perspectives. *Chapter in press*.

Ditchman, N., Lee, E.J., **Kosyluk, K.A.**, & Jones, N. Stigma and Intellectual Disability. *Chapter in press*.

Corrigan, P.W., **Kosyluk, K.A.**, & Kottsieper, P. (2015). The Problem of Adherence and the Importance of Self Determination. In Corrigan. (Ed.), *Person-Centered Care for Mental Illness: The Evolution of Adherence and Self-Determination*. Washington, DC: American Psychological Association (APA).

Watson, A.C., Corrigan, P.W., & **Kosyluk, K.A.** (2014). Challenging Stigma. In P. Byrne, & A. Rosen (Eds.), *Early Intervention in Psychiatry: Early Intervention of Nearly Everything for Better Mental Health*. London: Wiley.

Corrigan, P.W., & **Kosyluk, K.** (2014). Mental Illness Stigma: Types, Constructs, and Vehicles for Change. In Corrigan. (Ed.), Stigma of Disease and Disability: Understanding Causes and Overcoming Injustices. Washington, DC: American Psychological Association (APA).

Lee, E.-J., & **Sokol, K.** (2011). Group work and family dynamics. In F. Chan, M. Bishop, J. Chronister, E.-J Lee, & C.-Y. Chiu. (Eds.), CRC examination preparation: A concise guide to the foundations of rehabilitation counseling (pp.113-130). New York: Springer.

### **Other Media**

**Kosyluk, K.A.** (2014). Behind the Scenes: Developing the Pledge for Mental Health Unity. Retrieved from <http://activemindsblog.org/behind-the-scenes-developing-the-pledge-for-mental-health-unity/>

**Kosyluk, K.A.**, Corrigan, P.W., & Abelson, S. (2014). October 2014 Mental Health Stigma Network Newsletter: International Updates (USA)- Mental Health Unity (MHU). Retrieved from <http://us3.campaign-archive2.com/?u=16552c7ea14c96374c3f9859c&id=da2f2ba9b0&e=11d7458ec2>

Scattergood Foundation Feature Story (2014). Be a Part of the Solution- Mental Health Unity. Retrieved from [http://www.scattergoodfoundation.org/activity/reviewer/be-part-solution-mental-health-unity#.VM\\_JXsZpJbw](http://www.scattergoodfoundation.org/activity/reviewer/be-part-solution-mental-health-unity#.VM_JXsZpJbw)

WHYY Radio Segment (2014). Unity Pledge Advanced as “Rainbow Flag” of Solidarity for Mental Illness. Retrieved from <http://www.newsworks.org/index.php/local/healthscience/74652-unity-pledge-advanced-as-rainbow-flag-of-solidarity-for-mental-illness>

### **TEACHING EXPERIENCE**

#### **REHC 5380: Special Topics in REHC- Counseling Techniques**

Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Spring 2016

#### **DRSC 5389: Research Methods**

Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Fall 2015

#### **REHC 5380: Special Topics in REHC- Group Counseling**

Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Fall 2015

#### **REHC 5370: Diversity in Disability Across the Lifespan**

Visiting Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Summer 2015

**REHC 5380: Special Topics in REHC- Counseling Techniques**

Visiting Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Spring 2015

**REHC 5390: Practicum in Rehabilitation**

Visiting Assistant Professor/Co-Instructor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Spring 2015

**REHC 5990: Internship**

Visiting Assistant Professor/Co-Instructor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Spring 2015

**REHC 5300: Ethical, Legal, & Professional Issues in Rehabilitation Counseling**

Visiting Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Fall 2014

**REHC 5380: Special Topics in REHC- Abnormal Aspects of Human Behavior**

Visiting Assistant Professor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Fall 2014

**REHC 5390: Practicum in Rehabilitation**

Visiting Assistant Professor/Co-Instructor  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Fall 2014

**REHC 5370: Diversity in Disability Across the Lifespan**

Lecturer  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Summer 2014

**REHC 5390: Practicum in Rehabilitation**

Lecturer  
Masters Level Rehabilitation Class  
University of Texas at El Paso, Summer 2014

**PSYC 412: Psychosocial and Multicultural Aspects of Disability**

Co-Instructor  
Masters Level Rehabilitation Class  
Illinois Institute of Technology, Fall 2012

**Specific Lectures:**

- Family Adaptation to Chronic Illness and Disability.



- Ecological Model of Psychosocial Adaptation to Disability.
- Stigma and Mental Illness.

## **INVITED LECTURES**

**Kosyluk, K.A., Dura, L. & Perez, L.** Staff Development Workshop: Positive Deviance to Solve Complex Social Problems. El Paso Community College. January 2016.

**Kosyluk, K.A., Singhal, A., & Perez, L.** Taking Charge: Improving Employment Outcomes for Individuals with Psychiatric Disabilities in the Oklahoma Department of Rehabilitation Services Using a Positive Deviance Approach. The University of Texas at El Paso, Healthy Exchange Lecture. November 2015.

**Kosyluk, K.A.** Mental Illness on College Campuses: Stigma and How to Erase It. Ability Awareness Week 2015 at The University of Texas at El Paso. October 2015.

**Kosyluk, K.A.** Mental Illness on College Campuses: Stigma and How to Erase It. Victoria University Health Research Symposium at The University of Texas at El Paso. September 2015.

**Kosyluk, K.A.** Counseling Techniques Introduction for Empathic Design Engineering Students. The University of Texas at El Paso. September 2015.

**Kosyluk, K.A., & Baeza, V.** Mental Health Unity (MHU): Promoting Supportive Environments on College Campuses for Students with Mental Health Concerns. The University of Texas at El Paso, Healthy Exchange Lecture. April 2015.

**Kosyluk, K.A.** Principles of Psychiatric Rehabilitation. The University of Texas at El Paso. March 2015.

**Kosyluk, K.A.** Stigma and Neurological Disorders. The University of Texas at El Paso. March 2015.

Singhal, A., & **Kosyluk, K.A.** Applying a Positive Deviance Approach to Psychiatric Rehabilitation Research in the Oklahoma Department of Rehabilitation Services. Oklahoma Department of Rehabilitation Services. October 2014.

Mata, E., & **Kosyluk, K.A.** Think.Change Stigma Reduction Initiative Proposal Workshop. Paso del Norte Health Foundation, El Paso, TX. Summer 2014.

**Kosyluk, K.A.** Stigma of Mental Illness. University of Chicago. Spring 2013.

**Sokol, K.A.** Stigma of Mental Illness in the College Population. New York University. Spring 2012.

**Sokol, K.A.** Stigma of Mental Illness. University of Chicago. Fall 2011.

## **SUPERVISION EXPERIENCE**

**REHC 5990 Internship in Rehabilitation:** Provide supervision to five Rehabilitation Counseling Masters students.  
University of Texas at El Paso, Fall 2015

**REHC 5390 Practicum in Rehabilitation:** Provide weekly supervision to two Rehabilitation Counseling Masters students.  
University of Texas at El Paso, Fall 2015

**REHC 5390 Practicum in Rehabilitation:** Provided weekly supervision to five Rehabilitation Counseling Masters students.  
University of Texas at El Paso, Fall 2014

**REHC 5390 Practicum in Rehabilitation:** Provided weekly supervision to four Rehabilitation Counseling Masters students.  
University of Texas at El Paso, Summer 2014

**PSYC 549 Practicum:** Provided weekly supervision to three Rehabilitation Counseling Masters students.  
Illinois Institute of Technology, Spring 2012

## **PRESENTATIONS**

Ostos, A., Chapman, S., & **Kosyluk, K.A.** *Understanding Public Stigma of Mental Illness Among Hispanics/Latinos.* 41<sup>st</sup> Annual National Institute Conference for Social Work and Human Services in Rural Areas, El Paso, TX. July 2016.

**Kosyluk, K.A.**, Singhal, A., & Perez, L. *Positive Deviance Inquiry: Harnessing Existing Wisdom in Rehabilitation.* Rehabilitation Research and Training Center Evidence Based Practice in Vocational Rehabilitation Symposium, WI. May 2016.

**Kosyluk, K.A.**, Kendall, M., Ostos, A., Chapman, S, Chew, L. & Acosta, J. *Applying Positive Deviance Inquiry and Human Centered Design to Issues of Assistive Technology Access in the Paso del Norte Region.* 4<sup>th</sup> Annual University of Texas at El Paso (UTEP) Interdisciplinary Research (IDR) Symposium, El Paso, TX. April 2016.

**Kosyluk, K.A.** *“Flipping Out” Over Research Methods: Flipping the Classroom in Rehabilitation Counselor Education.* National Council on Rehabilitation Education. Manhattan Beach, CA. April 2016.

Perez, L., **Kosyluk, K.A.**, & Singhal, A. Taking Charge: Improving Employment Outcomes for Individuals with Psychiatric Disabilities in the Oklahoma Department of Rehabilitation Services Using a Positive Deviance Approach. Third Annual Interdisciplinary Symposium at The University of Texas at El Paso. October 2015.

Pineira, D., Lovejoy, L., Chapman, S., Espinoza, A., Harrison, H, Garcia, R., & **Kosyluk, K.A.** The Mental Health Unity (MHU) Program: Preliminary Feedback from Mental Health Advocates. Third Annual Interdisciplinary Symposium at The University of Texas at El Paso. October 2015.

**Kosyluk, K.A.**, Corrigan, P.W., Schmidt, A., Goldberg, D., Al-Khouja, M., & Powell, K. *Challenging Mental Illness Stigma Among College Student: Education- and Contact-based Approaches*. National Council on Rehabilitation Education. Manhattan Beach, CA. Spring 2015.

**Kosyluk, K.A.** Schmidt, A., & Corrigan, P.W. Workshop: Mental Health Unity Manual Development, World Psychiatric Association Together Against Stigma Conference, San Francisco, CA. February 19, 2015.

**Kosyluk, K.A.** *Implementing Mental Health Unity: a Social Marketing Approach to Stigma Reduction*, Illinois Institute of Technology, Chicago, IL. Summer 2014.

**Kosyluk, K.A.**, Corrigan, P.W., & Eisenberg, D. *Mental Illness Stigma and Treatment Engagement in the College Population*. National Council on Rehabilitation Education. Manhattan Beach, CA. Spring 2014.

**Kosyluk, K.A.**, Schmidt, A., & Corrigan, P.W. *Campus Solidarity Campaign: Promoting Solidarity and Support for Students with Mental Illness*. National Council on Rehabilitation Education. Manhattan Beach, CA. Spring 2014.

**Kosyluk, K.A.**, Bink, A., Buchholz, B.A., Powell, K., Corrigan, P.W. *Coming Out Proud*. National Alliance on Mental Illness Annual Conference. Chicago, IL. October 2013.

**Kosyluk, K.A.**, Corrigan, P.W., Herzig, B.A., & Roysircar, G. *The Impact of Religiosity and Stigma on Actively Coping with Mental Illness*. Midwestern Psychological Association. Chicago, IL. May 2013.

Buchholz, B., **Kosyluk, K.A.**, Powell, K., Fokuo, J.K., & Corrigan, P.W. *Understanding Familiarity and the Stigma of Mental Illness*. Midwestern Psychological Association. Chicago, IL. May 2013.

**Kosyluk, K.A.** *Addressing Mental Illness Stigma in the College Population: A CBPR Approach*. Center on Adherence and Self-Determination Satellite Center Meeting. Chicago, IL. May 2013

Powell, K.J., Fokuo, J.K., **Kosyluk, K.A.**, & Corrigan, P.W. *The Impact of Humor on the Stigma of Mental Illness*. Midwestern Psychological Association. Chicago, IL. May 2013.

**Kosyluk, K.A.**, Buchholz, B., & Corrigan, P.W. *Coming Out with Mental Illness*. National Council on Rehabilitation Education. San Francisco, CA. Spring 2013.

**Kosyluk, K.A.,** Corrigan, P.W., Landis, R.S. *Foot in the Door: Stigma as a Mediator in Hiring Behavior*. National Council on Rehabilitation Education. San Francisco, CA. Spring 2013.

**Sokol, K.A.,** Jones, N., James, D., & Corrigan, P.W. *Campus Solidarity Campaign: Development of a Campaign to Promote an Environment of Solidarity and Support on College Campuses. (A review of pilot quantitative findings)*. Presentation at the Together Against Stigma 5<sup>th</sup> International Stigma Conference, Ottawa Canada. June 2012.

Ditchman, N. **Sokol, K.A.,** Easton, A. *Stigma and Intellectual Disability: What Can we Learn from Psychiatric Disability Research?* National Council on Rehabilitation Education. San Francisco, CA. Spring 2012.

**Sokol, K.A.** *Campus Solidarity Campaign: Promoting a Supportive Environment for Students with Mental Illness on a College Campus (A review of qualitative findings)*. National Council on Rehabilitation Education. San Francisco, CA. Spring 2012.

**Sokol, K.A.** *Campus Solidarity Campaign: Promoting a Supportive Environment for Students with Mental Illness on a College Campus*. Thomas Scattergood Behavioral Health Foundation's Grants Forum. Philadelphia, PA. Fall 2011.

**Sokol, K.A.** *Campus Solidarity Campaign: Promoting a Supportive Environment for Students with Mental Illness on a College Campus*. The Second International Research Conference on Community Inclusion of Individuals with Psychiatric Disabilities. Temple University Collaborative on Community Inclusion. Philadelphia, PA. Fall 2011.

Baerentzen, M.B., & **Sokol, K.A.** *Consumer-Based Participatory Research: A call for humility and collaboration*. National Council on Rehabilitation Education. Los Angeles, Ca. Spring 2011.

Lee, E.J., **Sokol, K.A.,** & Baerentzen, M.B. *A resilience model for people with mental illness: A structural equation model*. National Council on Rehabilitation Education. Los Angeles, CA. Spring 2011.

## **RESEARCH EXPERIENCE**

### **ONGOING RESEARCH**

- Evaluating the Impact of NAMI's Peer-to-Peer Program on the U.S.-Mexico Border  
Co-Principal Investigator 2016- Current
- Positive Deviance Inquiry to Address Assistive Technology Access for People with Disabilities in the Paso del Norte Region  
Co-Principal Investigator 2016- Current

- Evaluation the Impact of the Honest, Open Proud to Eliminate the Stigma of Mental Illness Program with a Predominantly Hispanic/Latino Postsecondary Population  
Co-Principal Investigator 2016- Current
- Evaluating the Impact of This is My Brave's Theatre-Based Anti-Stigma Program on the Stigma of Mental Illness  
Principal Investigator 2015- Current
- Community Call to Action to Respond to Homelessness in El Paso  
Co- Principal Investigator 2015- Current
- Positive Deviance Research in Psychiatric Rehabilitation  
Co- Investigator 2014- Current
- Coming out Proud Program  
Facilitator (Population: College Students) 2010- Current

### ***COMPLETED RESEARCH***

#### *Illinois Institute of Technology*

- Mental Health Unity (MHU)  
Principal Investigator 2011- 2016
- Stigma and Mental Illness in the College Population with Patrick Corrigan  
Dissertation Topic 2012-2014
- Developing the Mental Health Unity Campaign:  
Qualitative and Quantitative Approaches  
with Patrick Corrigan and Active Minds, Inc. 2011-2014
- Stigma and Empowerment for Individuals with Intellectual Disabilities  
with Nicole Ditchman  
Research Coordinator 2010-2012
- Investigating the Impact of Direct to Consumer Advertising on Affirming Attitudes  
Towards Individuals with Mental Illness with Patrick Corrigan  
Research Coordinator 2011-2012
- Impact of Humor on the Stigma of Mental Illness with Patrick Corrigan  
Research Coordinator 2011-2012
- Emerging Themes: Consumer Involvement in Motivational Interviewing with Jonathon  
Larson  
Co-Investigator 2008

#### *Pennsylvania State University*

- Survey Feedback & Heterosexist Attitudes with Janet Swim  
Research Assistant 2004
- Contextual Learning: Impact of Learner Choice Over Contextual Factors on  
Performance with Andrew Peck

## **EDITORIAL REVIEW**

American Journal of Psychiatric Rehabilitation

Cases in Public Health Communications & Marketing (CPHCM)

Journal of Applied Social Psychology

Journal of Public Mental Health

Schizophrenia Research and Treatment

Stigma and Health

The Counseling Psychologist

## **RESEARCH & PROFESSIONAL COMMITTEES**

Community-Academic Partnership for Health Sciences Research (CAPHSR)  
Steering Committee  
The University of Texas at El Paso  
September 2015 – Present

Assistive Technology Task Force  
The University of Texas at El Paso  
May 2014 – Present

Community and Academic Partnership for Health Sciences Research (CAPHSR)  
The University of Texas at El Paso  
September 2014 – Present

Social Justice Initiative  
The University of Texas at El Paso  
September 2014 – Present

## **SERVICE ACTIVITIES**

Arc of El Paso Board Member  
El Paso, Texas  
May 2016 – Present

Art with Impact Advisory Board Member  
May 2016 - Present

Student Rehabilitation Counseling Association (SRCA) Advisor  
The University of Texas at El Paso  
August 2015 – Present

Community Affairs Committee  
The University of Texas at El Paso  
September 2014 – Present

## **MENTORING ACTIVITIES**

Mentee: Lauren Perez, Communications Student (Co-Mentor; Primary Mentor: Arvind Singhal, Ph.D.)  
September 2015 - Present  
“Improving Employment Outcomes for Individuals with Psychiatric Disabilities in the Oklahoma City Department of Rehabilitation Services: A Positive Deviance Approach”

Mentees: Erika Alcala, Research Assistant, MSW Student; Nahomi Martínez, MSW Student; Claudia Muñoz, MSW Student  
April 2015 - Present  
“Community Call to Action to Respond to Homelessness in El Paso”

Mentee: Valeria Baeza  
September/October 2014  
The Second Annual Interdisciplinary Symposium: Defining the Future in Health Promotion and Disability Outreach  
“Mental Health Unity: Reducing Mental Illness Stigma at UTEP”

Mentee: David Pineira  
September/October 2014  
The Second Annual Interdisciplinary Symposium: Defining the Future in Health Promotion and Disability Outreach  
“Professional Identity of Rehabilitation Counselors”

## **PROFESSIONAL MEMBERSHIPS**

- National Council on Rehabilitation Education (NCRE)  
2011 – Present  
Membership ID: 201012086
- American Rehabilitation Counseling Association (ARCA)  
2014 – Present  
Membership ID: 6416356

## **VOLUNTEER ACTIVITIES**

- VOLAR Conference  
October 29, 2015
- National Alliance on Mental Illness Walk Participant (NAMI El Paso)  
October 17, 2015
- Special Olympics Coach, Chicago, IL  
2005-2011
- Active Minds Treasurer, Illinois Institute of Technology Chapter  
2010- 2011
- Junior Board of CARC Staff Liaison, Chicago, IL

2006-2008

- Penn State Dance Marathon Dancer, University Park, PA  
Pennsylvania State University, Spring 2004
- Gamma Sigma Sigma  
National Service Sorority - TAU Chapter  
Pennsylvania State University, University Park, PA  
2002-Present